



THE KHARISMA SERIES

SHOUD 3

NOVEMBER 1, 2014



CRIMSON CIRCLE

ADAMUS® SAINT-GERMAIN



Kharisma Series

Shoud 3

Presented to the Crimson Circle November 1, 2014

Featuring
Adamus® channeled through Geoffrey Hoppe
assisted by Linda Hoppe

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ADAMUS® SAINT-GERMAIN



Shoud 3

IMPORTANT NOTE: This information is probably not for you unless you take full responsibility for your life and creations.

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I Am that I Am, Adamus of Sovereign Domain.

Welcome, dear Shaumbra. Welcome viewers and listeners. Welcome to all of the other Ascended Masters who gather in this beautiful space on All Saints' Day. Yeah.

So let's take a good deep breath as we begin our gathering.



First, to address Linda's comment about my costume (laughter), let it be known, let it be recorded that I'm much more comfortable in my superman outfit, my superhuman hero outfit than I ever was in dull and drab sports jackets and jeans. (more laughter) Much more appropriate for an Ascended Master, yes.

Next on the list. Music. Ah! Music.

Now, I do occasionally, once in a while, chide Cauldre for the music selections – pop music, as it were. I do indeed love the classics. Ah! Not so much of an opera fan

at all, but the one thing I do love about your contemporary music is the feeling, the words in it. Oh yeah. Words in opera, not so much, rather drawn out and dreary, but you take a song that was just played and you listen to the music, the words, the passion that it expressed. Not just like regular words, but you listen to it that this is your soul singing to you. Ah! Or you singing to your soul.

Let's try it again, if you would re-cue that music video. Let's try it again. This time we'll dim the lights. Listen to it first like you're singing out to your soul and feel the passion, feel the excitement' then, somewhere into the music, like your soul singing to you. That's the beauty of it.

So let's have it again.

(music video plays again, "Rather Be" by Pentatonix)

Ah! Yes. (some applause)

And

Now, profound point of the day – eh, Linda would you write that – profound point of the day. I'm going to remove Cauldre's shoes; how uncomfortable wearing shoes.

Profound point of the day. Oh, and Linda, could you help me with my cheesy boots? (laughter as Linda pulls them off)

LINDA: Only the Master can be in service. (more laughter)

ADAMUS: Yes. (Adamus chuckles) And a foot massage for the superhero! Ah!

Profound point of the day...

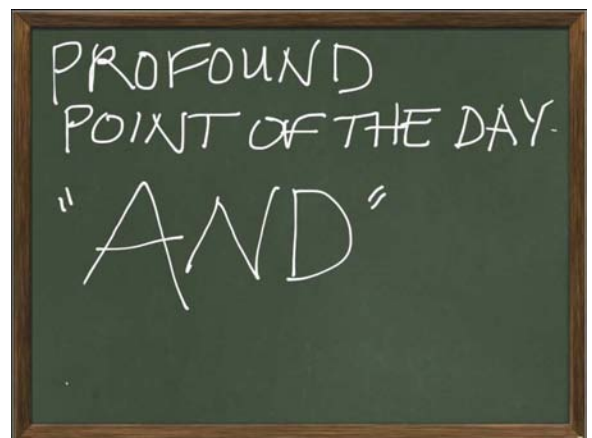
EDITH: Bite his big toe. (more chuckles)

ADAMUS: And let's get this up on the screen, profound point of the day: And – A-N-D. And. Catch up with me, Linda. And my café, Sandra. Yes, cream, please. No goat's milk.

Profound point of the day – and. This is something that we're talking about in Keahak. But I wanted to mention it here because it is so simple and so profound. *And*. And.

You're not singularly dimensional. Well, you are, but you aren't. You're acting like it. You're dressed like it, Jesus. (laughter as he speaks to someone in a Jesus costume) You are playing the part, but the reality is you are not singular at all. Nothing about you is supposed to be singular. You're not working towards multidimensional, multi-consciousness; you already have it. (Sandra hands him his coffee) Thank you. You already have it. It's already there. You're just not using it.

Case in point. The first time the song was played, you listened. You enjoyed. It was a nice beautiful song.



Good lyrics, a good beat to it. You listened to it, but you listened to it like you listen to life, like in a spectrum about that wide (showing about half an inch). It felt good for three minutes and 52 seconds. Then it was gone. Oh, you got a little reprieve from everyday life. You got to just watch the great video and listen to the lyrics and then it was gone.

And there was so much more to it, *and* other layers and levels, beautiful layers and levels. When I said now listen to it like you're singing to your soul, it changed the entire meaning. It changed the entire energy and consciousness of it – *snap!* – just like that. And I said listen to it like your soul is singing to you, and it was even more beautiful. “Ohhh! I'd rather be with you. Why don't you let me? I'd rather be near you, if you let me.” You see how the simple “and” changes everything?

Life – everything about life – is in multiple layers. Layer upon layer upon layer. But you've, all of you, all of them, all of you ... (Adamus sees himself on a TV screen) Ahhh! Yes. I can't help but look at myself dressed like I should be in that monitor. (some chuckles) Yes, kind of the way I looked in my last lifetime as Adamus, once I was freed from that awful crystal. Yes. Yes. Now you know what it's like! (to Annie, who's costume was “Adamus trapped in a crystal,” until she broke out) You're free! You're open! Yes! Oh! Yes. Yes.

And. Everything in life is multilayer, multidimensional. Not hierarchical, not in stair steps, but going everywhere, every different direction. But you get focused on one perspective. Oh, I'm not doing a stare down here, my dear. You just look so lovely. I couldn't help but to admire death itself. (Adamus chuckles, speaking to Kerri in her “death” costume)



KERRI: Thank you.

ADAMUS: And ... oh, if I could, please a gift from me to you. (he hands her a skull, one of the Halloween decorations)



KERRI: Thank you.

ADAMUS: Yes. Yes. Yes. Enjoy your dinner tonight. (laughter)

You got a problem? We all have problems. Even Ascended Masters have problems. You don't realize what it's like being perhaps the most famous of all Ascended Masters when I go to the Ascended Masters Club, having actually guided 852 of the current 9,000 plus Ascended Masters. It's a lot of pressure. (a few giggles) Yeah, yeah, yeah. (audience says “Awww”)

LINDA: Awww! Wow!

ADAMUS: *And* I don't care.

LINDA: Whoaaa! (more chuckles)

ADAMUS: *And*, at any moment I choose – *snap!* – I’m out of the Ascended Masters Club. I’m out on the Ascended Masters’ Master golf course. You heard of the Master’s tournament? Named after me. (a few giggles) Tough crowd today.

And you’ve got a problem. Something bad happened recently. Right? It did. It does. It’s going to keep happening. It’s not going to go away. That’s the good news. No, that... (Adamus chuckles)

You’re living here on this planet in density with traffic and police and grocery stores and people. Ooh. (he appears to hold his nose)

LINDA: Oohh!

ADAMUS: I was rubbing Cauldre’s moustache for him.

LINDA: Ohh!

ADAMUS: ...with other people.

You’re living here. Well, of course, there are going to be challenges. We’re going to be talking about one of the big ones in just a moment. But yes there’s going to be stuff. You have taxes and you have your belly that you have to feed, and then you get headaches and then you’re not feeling so good and you get sick. And you have relatives. (laughter) The biggest flu of all! (more laughter) Relative “flew.” You wish they’d fly away.

There are going to be things that come up. Quit trying to make them go away. Do they minimize? Absolutely. But you know what happens is after a little while, you’re not putting your attention on all of your problems, whether it’s aging, whether it’s getting physically sick or money. You see, you get focused on that, and then you forget about “and.” And. In everything in life there is an “and.” Everything. No exceptions.

There is an “and,” meaning that if you stop for a moment, whatever you’re doing or however you’re doing it, all your damn misery and suffering and pain, which I actually – I’m going to say this. I’ve got a little filtering problem with my channeler right now, but I’m going to say this. I actually think ... I’m not looking at anybody. (laughter as he blocks his eyes) I actually think some of you kind of like it. Mm hm. Mm hm. Those problems. What would you do (without them)?



Well, first of all, if you didn’t have all those problems and all the challenges, you wouldn’t feel alive. I know it’s kind of twisted. It’s kind of warped, but – I need my accouterment (picks up his ‘crystal’ wand) – but it’s kind of true.

You know by having this series of problems and having to solve it, and then you get to be kind of the hero who solves your own problems. Now, it doesn’t make sense, but nothing about being a human makes sense. So let’s just call it that. But you cause problems. You create problems or you attract problems so you can bring them in, and then you feel a little bit alive – “Geez, I’ve got something to do today. I can solve all my damn problems.” And then you bring them in and then you kind of solve them, but kind of in a, well, less than complete way. But you think you solved it, and then you say, “Oh, look how good I am. I solved my problem.”

That's called the Problem Hero, you see, because you create – you can laugh, that's okay, even though nobody else is. It's okay to be the only laughing voice in a crowd of bored and sleepy people. (some laughter)

So you create these problems so you can solve them and then when you're not feeling so alive again, because you're just focused on the singular boring life and forget about “and,” then you create more problems. You all know who I'm talking about right now, because I'm talking about all of you. (Adamus chuckles) And you, especially. (addressing Larry)

So you create these problems and they're really not problems. No, they're really not. Actually, they all go away. Did you notice that your problems go away, other than death? Death isn't a problem. Death is a release. So you don't have to worry about death going away.

It's All Saints' Day. Laugh! (laughter)

Death. That's a death joke. That's kind of what we talk about in the Ascended Masters Club, because we're not so worried about death.

I'm not going to get into it today, but death is the last ...

LINDA: Did you say Ascended Masters or Offended Masters? (some chuckles)

ADAMUS: Both. Yeah. We don't have restrooms. We have Offended Master rooms. (more chuckles) When you just get tired of it. Where was I? (Adamus chuckles) Are you being paid for this?

LINDA: I should be. (she giggles)

ADAMUS: So you create these problems to solve them, and then you keep creating problems. And you don't need to, unless you want to. And if they're in your life, if you're doing this, my friends, you have to take a good look at yourself. Not a hard look at yourself; a rather humorous look – a *really* humorous – look at yourself. I mean, just pretend you're in the Ascended Masters Club sitting at my table looking down on yourself back on Earth toiling through all these problems and then you'll have a good laugh. You really will. You don't laugh now so much. You're trying to force a laugh here. Like “Eghh, eh-hhh-ehh. Ehh, Adamus is not so funny today.” Come on laugh! (laughter) Let it out! Oh!

Death! Let's have a laugh about death. Ha, ha, ha, ha, ha, ha, ha, ha! Ha, ha, ha, ha, ha, ha! (laughter) It actually is pretty fun, because it's not the end. It's the end of that old identity, that Problem Hero identity, but it's not the end, not at all. You've done it a lot. We've talked about it. We'll get into it sometime soon.

But I have to say that death is the last great obstacle in your consciousness about enlightenment, because you're still afraid of dying. Yep. Yep. When I tell my funny jokes about holding somebody's head under water till I nearly drown them – I have actually gone a little too far with a few. (some chuckles) But it didn't matter, because the moment they crossed over, “Oh thank you Adamus for releasing me from that dreadful life I've been living.” I haven't lost too many. (only a few chuckles) All of these serious ... would you get a camera shot over here quickly before they try to smile. They can't. Yeah. “Oh! He's talking about death.” It's All Saints Day!

Ah! (some chuckles)

Okay. So death is not all that bad.

But my point is the “and.” And. You listened to the music. It was nice, you know, but it touched consciousness about to that that degree (showing about half an inch), really, really small. It should be like that (arms open wide). Yeah, it should be like that into all the aspects, all the different dimensions. Your soul singing to you, you singing to your soul, you singing to all those people who have problems in their life. Could you imagine? This is a beautiful a cappella song. Just singing it to them, “I’d rather be with you.” (Adamus sings)

LINDA: What was that? (some chuckles)

ADAMUS: Rather be! Yeah. Yeah, yeah. It would loosen the situation up a little bit, right? But you’re afraid to do it. “I don’t want to go out of line here. I don’t want anybody thinking I’m crazy.” (laughter as he makes a face) It’s a little too late for that. (more laughter) You could just go for it at this point, you know, being in that middle ground of knowing that you’re crazy, but trying to pretend that you’re not. Ehh, it’s really hard. It’s really tough. There’s a lot of resistance to it. Just let it go.

“And,” the profound statement of the day. “And” in everything you do. I don’t care what problem. Stop for a moment. Feel into your big problem today, today’s problem. Whew! No, just one, not eight. (a couple of chuckles) Big problem. Okay, *and*.

You’re looking at it from one perspective, one slice. You wave the “and” – crystal “and” wand – you wave that, and suddenly you realize that there are many, many other perspectives that you’re not looking at. Not just solutions, but the problem itself. You start to realize the problem itself is actually much bigger than what you thought it was. (some laughter) Bigger, meaning it’s not just this little tightly focus laser beam, crappy, shitty little problem.

And, oh, it’s a huge problem. God, it’s been going on for about 8,000 generations in your family. Oh, it’s a really big problem. *And* it has to do with lack, you know, lack of abundance. It flows through ancestral karma, ancestral biology. *And* you get some illness and it’s because your great-grandmother had the illness. Ah! It’s not a little problem. It’s a *huge* problem!



But the beauty in that is that they’re also beautiful huge releases and resolutions, answers and new perspectives that you would have never considered. When you live in that little box that doesn’t have these three letters – a-n-d – in it, you feel trapped. You know what it’s like now that you’ve set yourself free. You know what it’s like to bring that “and” into your life.

Stop! Stop dwelling on the little problem. Go for the big problem. That’s my motto. No, it’s beautiful, because suddenly you realize it’s so overwhelming, so ludicrous and so beyond you, the human, to resolve it. It is big. I mean, generations, lifetimes, cosmoses big problem, and you go, “I’m not going to solve that. I’m not going to try to fix anything. It’s actually not even my problem. It’s their problem.” And you take a deep breath, and so it becomes. It’s that simple.

It’s not irresponsible, not whatsoever. Why should you take responsibility for a butterfly flapping its wings on the other side of the world right now? Why? Well, why? Because you kind of like to do it. That’s why you’ve been doing it. That’s why we continue to have talks like this where I’m mildly offensive – *ahem* – somewhat provocative and amazingly humorous, even though you’re not laughing now. But you will someday when you re-listen to this. Next month, I guarantee you’ll be laughing when you watch that video. Hello (to Linda).

So *and*, and no matter what is going on in your life, would you please do yourself this favor: Stop for a moment; take a deep breath; and. Remember those three words, a-n-d – und, if you're in Germany; what it is in other places, you look it up yourself – *and* there is so much more. It's multidimensional. It is not a singular problem. It's not a little problem. It's not a singular solution and it's not a little solution. It's transformational. Multidimensional. It doesn't come from here (head). Here is going to be singular, limited, little, annoying.

When you take that deep breath *and* you bring in your I Am-ness ... let's called it today the I And-ness just to be cute. (Adamus chuckles)

LINDA: Ohh!

ADAMUS: Ah yeah! I just made that up. (a few chuckles)

You bring in the "I And" ... I have to resort to cheesy humor, because sometimes you're just sooo stuck. Eh. It's too hot in here. Right? (a couple of people say "Yeah")

LINDA: Yes.

ADAMUS: Yes. Way too hot. Open the doors. Turn off the air. Turn it off. Just shut it off. Open a door.

And, your I And-ness. So I have to resort to this cheesy humor, which actually I think is funny, and provocation to get you to stop for a moment, because I know right now that at 4:12 you're going to walk out that door or that one, you're going to walk out those doors and you're going to say, "That was nice." And you're going to remember the costume, and you're going to remember the chocolate. But you're not going to remember your Ascended Master superhero and all of the statements and all of what we talked about.

Why? Because you get right back into that little sliver, that narrow perspective that 'I've got problems' kind of life. It's time we go beyond that. Way, way beyond that.



And I say that and you nod your heads, and then you walk back out there. Well, I understand. It's seductive out there, *very* seductive. Oh, I do understand. It's one thing to be sitting in here, listening in online ... I'm just so amazed when I look into that monitor. (some chuckles) Check it out. Yes. I'm ... yeah. That's the way I used to look.

LINDA: You're so shy. (Adamus chuckles)

ADAMUS: I understand it's very, very seductive, all your problems and your issues. And then you say, "Oh Adamus, I don't know how to get out of all my problems." And I say just stop and take a moment. Ask yourself even, why do you keep calling forth these dumb issues in your life? They're really dumb. You don't need them anymore.

I'm going to ask you to feel that now. You're going to forget later. I'll remind you later. They're dumb problems, every one of them. They're dumb people, first of all, that you're working with. And I don't mean that in any sort of condescending way. (someone says "Yeah, right" and audience laughter) I'll put it a different way in nice metaphysical terms. They're more asleep than you are.

You don't need that anymore, but you keep clinging on to it. You keep hanging on. Don't. Just let it go. You don't have to actually do anything proactive. Once you really determine that you don't need that or them or it or whatever, once you realize there is the "and" of your life, all that stuff goes away on its own. Like magic, like somebody swung the magic crystal, whatever this is, and it just starts going away.

But then – and – then you're going to freak out. We'll talk about that in just a moment. But you do the old freak-out thing. "Oh, things are changing. I don't know if I can handle it." No, you can't. I'll guarantee that right now. Next slide please. You can't handle it. Sorry.

LINDA: That's what you want on the slide?

ADAMUS: Yeah! (Adamus chuckles) Otherwise, I wouldn't have said it. (some giggles)

You can't handle it, and that's the good news. And – *and* – you don't have to handle it. That's the best news of the day. You don't have to handle it.

You're used to handling stuff, solving stuff, working on things, fixing things, blah, blah, blah. You don't need to anymore. I'm over here. She's just writing on the board. (Adamus chuckles)

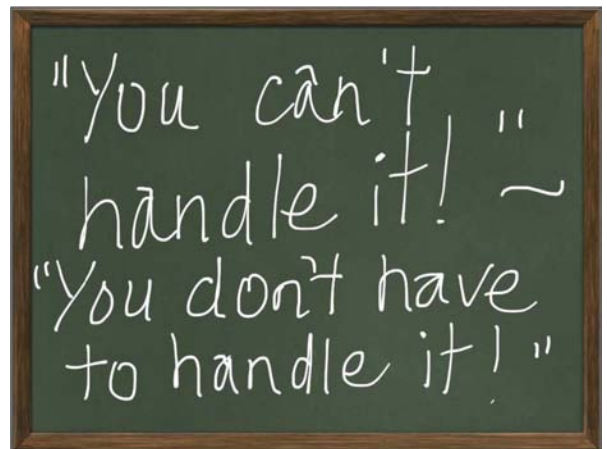
You don't need to solve it. Why? Simply said, it kind of solves itself naturally. Have you noticed all your problems have either cleaned up or the people have died? (a few giggles) They just go away. The people and the problems, they just kind of go away. Sooner or later you're still here. You're able to laugh every third joke of mine. That's pretty amazing that you can do that. (Adamus chuckles) I'm amusing myself today.

LINDA: Good.

ADAMUS: And I always do.

So you stop trying to solve all your own problems. You can't handle it. You really can't. And you shouldn't have to. You shouldn't have to. Really. You shouldn't have to handle all that stuff – the problems of the world, the problems in your life, the problems of everybody you know. You weren't put here to handle that. No. Let them handle it. Let everybody handle what they choose to handle.

You don't have to handle a thing. You have this great thing called the I Am, your soul, your divinity, whatever you want to call it. It's you. It's sitting right there. It's just in disguise. It's in latency right now. It handles that. It really does. It handles stuff.



Now, it doesn't go in and pay your bills for you. But it – this I Am-ness – it moves you out of that consciousness where you even have to pay bills. Really. It doesn't know how to pay bills, doesn't want to know how. It doesn't know how to heal your physical body, doesn't want to know how. So you know what it does? It, you, just move yourself out of that consciousness – the consciousness of being ill or being broke or whatever.

Let's take a big deep breath for "and" in your life. Multidimensional. It's not singular. There's not one problem. It's not a little problem. It's huge and it's multifaceted, and in every facet of every problem are

tremendous transformations, releases, energies, beauties, gems that are going unrealized right now. Why? Because you get really focused.

The simple three letters – a-n-d – give you a whole different perspective.

Timeless

Next. Enlightenment is timeless, but you experience it in time. It's a great "and" statement. I like this (referring his crystal wand). It's a great ... Cauldre was going to set it down. No, no. This is good.

Enlightenment is timeless, meaning it's a variation of an old Tobias statement that the future is the past healed. Enlightenment is timeless, meaning it's already there. It's already done. We've talked about it so many times. It's there. It's timeless.

Oh, I love time and no time. We're going to have quite an adventure on our Nile trip. Oh, I'm going to point out something here for anybody going on our upcoming cruise on the Nile. Anybody here going on it? I know a few. Okay. Good.

LINDA: There's quite a few actually. Several.

ADAMUS: Now, let me tell you this right up front. You're going to start getting crazy, fearful, paranoia, nervous and everything else.

LINDA: More than usual?

ADAMUS: Yeah, yeah, in a few days. You're going to ask yourself, "What am I doing? What a crazy thing that I ever signed up for it. Oh my god." And you're going to start going through human mental tiny little focus. You're going to get so focused on, "Is it safe? Am I going to be okay? What about the food?" And you're going to start acting like a little paranoid wretched human that you sometimes act like. Fearful.

It's a great experience actually. Once you're out of it ... we can close one of the doors. Some people are starting to freeze. One of them; two people get up. Oh. And ... and we'll do both, I guess

So you're feeling the energies up front. You start feeling those energies coming in, eh? And you're packing your suitcase or did I hear you say you were test packing? (to Marty and Lara) How does one test pack? You either pack or you unpack.

LARA: See if it all fits. Take some things out. You know. Yeah.

ADAMUS: Good concept. I'll try that next time. (a few chuckles)

So you start getting nervous about it, putting something in. "Oh my god, what if I catch venereal disease?"

LINDA: What?! (laughter)



LARA: Okayyy!!

ADAMUS: Go on to the Internet, type in, Google venereal disease. You're not probably going to catch it unless, well, we won't go there. You're probably not going to get it.

And you start worrying about these things. And I'm using this as an everyday example. You start worrying about these things. Pretty soon you tighten up. You withdraw. And then you start focusing – *gasping* – you can't breathe. You get anxiety and now you bring these fears, which actually are not going to happen, you bring them to life in a way. They're not going to happen to you in this reality, but they're happening – “and” – in another reality. So in a way they're happening, but you're not going to experience it in the physical, unless you're really promiscuous. And then you're ... (some chuckles)

So you're building these fears and you're limiting yourself, and then the whole time you get on the airplane and you're flying there and you're nervous and “What's going to happen? Why did I sign up for this? Adamus hel- ... oh! Adamus isn't around. He never talks to me when I really need him.” Shut up. I am. (some chuckles)

And then you go on this experience, this amazing experience. We're going to go timeless. See, I love time and I love no time. It's an “and” proposition. We're going to talk on our trip about the fact that scientists argue, some argue, “Well, there is time. Obviously. There has to be time.” Then they look at the clock on the wall. Others argue that there is no time. It's totally made up. It's a measurement system, and it's not real. It has no real physics behind it. *And* guess what? Both of them are true. Shut up the debate. They're both true. They're absolutely both true.

This is life in the New Energy. *And*. And.

Science is being turned on its head right now, and I'm loving it. I've always loved science, but not limited science. I've always loved the wide-open science. Things that are validated, but yet things that are contemplated outside of the box and later validated. It's all scientists really do is validate what already is. They're like accountants – nature's accountants. They're just validating what already is. They're validating your creations. That's all they're doing. Problem is, they're validating just one little slice, one little perspective.

But the beautiful thing right now, with the changes of consciousness that we've had in these past, let's say, past decade is that science is being turned on its head, upside down, twisted. Ah! They're getting so frustrated.

What's happening is that science is not being invalidated – current contemporary science – not being invalidated at all. It's actually being validated each and every day. The laws of physics, the laws of things like gravity and light and motion and everything else are actually being validated.

And at the same time a new reality is starting to appear that they don't understand, because it's not in the context of current modern accepted science. While contemporary science, while contemporary validation will continue to remain intact, now comes a new reality. It doesn't invalidate gravity. It doesn't invalidate the natural laws of physics, and it doesn't even necessarily invalidate Einstein's theory of relativity. It actually can enforce it. But what's happening now is the “and” of life.

Suddenly, somebody's realizing, “You know, this is true over here, everything we read in the books, all the studying, it's true *and* there's something else happening. This stays intact, yet this is happen and this is happening.” Quantum particles, quantum science is happening, but it doesn't invalidate this. It's not dependent on current science and physics either. It's completely of its own. Now this really has them

confused, because they're used to one set of principles, one set of laws. And suddenly there are multiple laws and principles and concepts and theories and ideas and ways of living. It's the big "and" coming to you in this generation. The big "and." There's more to life than what is seen through here (head), thought through here, heard through here. There's so much more.



Whether you realize it or not, you're at the leading edge of it. That's why it's tough. That's why it's tough, because you don't really realize you're on the leading edge. You're like, "No, I'm just going through my life solving little problems, creating new little problems. So how could I be a consciousness pioneer?" Yes. Got your Ph.D. in consciousness the hard way. Backwards. Literally, backwards because you're coming from a point of consciousness where you understand everything coming back to a point where you understand very little and now swinging the other way going back to consciousness.

So where was I? Enlightenment is timeless, absolutely timeless. It's there. It's right now. We're going to be timeless with our enlightenment on the Nile River. You can be timeless with it right now with absolutely no effort whatsoever.

Yet, consciousness and enlightenment unfold or are experienced *in* time. It's an "and" proposition. You are *and* you're not. You're already there *and* you're experiencing it. *And* it's the greatest ... eh, I'm going

to make a big statement on my marquee here. This is the greatest time you're ever, ever going to have on this planet. Pretty sad, isn't it? (laughter) It's as good as it gets! (Adamus chuckles)

No, it's beautiful, because you don't realize the beauty of it yet, the fullness, the richness, the passion of it yet. You're still trying to figure it all out. You're trying to solve all the problems and everything else. You're trying to handle it yourself. You don't have to. That should be such a liberating statement. You don't have to. It's not up to you at all, none of it. Save the planet, save yourself, save your soul – none of it. None of it.

You're experiencing enlightenment. It's unfolding in time. That's the beauty. The Ascended Masters, we talk about that. We sometimes, with a little bit of regret, say, "Geez, I wish ... when I was going through the toughest times in my last lifetime, when I was going through that enlightenment, it was grueling, miserable, awful. Just punishing, brutal. But I wish I had just a little bit of that 'and' kind of over here on the side, just like, you know, new science watching old science. Just a little bit of the enlightened Self saying, 'Oh god damn this is a blast. This is so cool, because I am so screwed up lost, I am so overwhelmed, I am so addicted to my problems, I'm so addicted to my addictions, I am so screwed up'" – I was going to say fucked up, but Cauldre wouldn't let me! (laughter) So I'm going to say, "I was so screwed up and I believed all my horse crap. I believed it. Oh! That was amazing. That was so cool. Who would have thought I could have acted that limited, that stupid, that restricted? Who would have thought?" Eh, oh, you do. (more laughter)

And step over here for a moment. *And*. You're still over here limited, holding back, worried about everything. That's still going on. That crap is still there, just like regular science is still there. But you're over here going, "And! Oh! First of all, I don't care if I die." That's kind of a big thing. We'll talk about that later. I should have talked about that today. You know, it's kind of Halloween, but I have better things to talk about.

So you were just watching over here. And! “Oh wow! What was that Adamus said? I’ve got to remember that. Oh yeah, he said that my enlightenment is timeless *and* it unfolds. It’s experienced within time. I don’t know what the crap he means by that, but, oh! That is so cool. Wow! (laughter) Can you believe that a guy can make statements like that?! Wow! Maybe one day I could be doing that too!” No, it’s my statements.

It’s the best time ever, right now. This is it. I mean don’t let it go by without at least having a laugh at yourself now and then, Jesus. Without at least ... wake up, Larry. Goddammit, I’m talking to you. (laughter) No, I mean, I’m talking to *you*, Larry. You come and sit right up here. Right there where I can see you. Come on. Sit right up here. You need this more than anybody! (Larry shakes his head “no”) Asleep in my humorous discussions??!

It’s for you. And every month – *whoosh!* (motioning that it goes right over his head) I know I’m being brutal on you, but actually I’m being a lot more gentle than your soul is being on you. Yeah. You ought to thank yourself for Adamus. *And*. Yeah, whew! Oh, it’s a tough class in here, isn’t it? Yeah, you sit and drink your coffees and your lattes and have to be abused by the grand Ascended Master.

Okay. (Adamus chuckles) So, where were we? “And.” Enjoy it. I don’t care what’s happening in your life, what your problems are. They’re not big problems at all. I don’t care what the problems are. They’re really not.

Would you please do the “and” thing? Write it in that permanent marker on your hand or something, “*and*.” There’s a different perspective. There’s always a different perspective. Yeah. Some so different that it’s going to be uncomfortable, very uncomfortable at first.



Those who are getting ready to go on our Nile trip, very uncomfortable as we get into it. Why? I’m not doing it. They’re uncomfortable because the energies are shifting. They made a conscious choice to go on a trip, and whether it’s this or one of our other gatherings, it doesn’t matter. So the un-comfort comes in. Why? Well, because they’re getting into the “and.” They’re shifting out of the old body. They have to. I’m not doing it, but I’m helping to guide it. They have to shift out of just the old linear body so we can do some real work with timeless. It’s kind of hard to go timeless when you’re dragging around that old body.

So there’s some work going on on that level. It’s uncomfortable. It might bring up some things, literally. And the mind, it’s going a little crazy. And then they’re trying to grab hold and manage the mind. It’s useless. It really is. For all of you who still do that to yourself – your emotion control, your mind control, your trying to manage yourself – it is useless. So stop doing it.

Why? Well, it’s useless because you asked to go beyond. We say words like “beyond” in our marketing and you’re like, “Whoaaa! Let’s go beyond.” When it happens, “Whoaaaa! I’m not – whoaaaa! No. Nah. Not quite so fast. I want to study it some more.” (a few chuckles) Yeah, you laugh. (Adamus chuckles) Or snort, as the case may be.

A Story

Which leads me to my next point. I'd like to tell another story from my upcoming *Memoirs of a Master*, a world bestseller smash hit book, yet to even reach the market, but already known to be one of the most popular books of all times. Yes.

So let's turn down the lights a little bit, have some moodiness for this. Yes, I'm racing to get the book out, so I have to keep telling these dreary stories. So, sorry. But other people will like them.

Ah, let's take a good deep breath as we transition into the story of the Master and the Books. And this is actually a true story, by the way, slightly embellished, because that's what grand Ascended Masters do. They act everything out. They embellish everything. They don't get so caught up in serious and literal facts and figures. There are no literal facts and figures anywhere. Anywhere. Math, it's not literal. It's not facts and figures. Two plus two doesn't equal four. Sure, once in a while, *and* it equals about nine billion or it equals apples or it equals the carpeting on the ground. "And!" And! Stop getting so tight on things.

Oh, where were we? Story from the upcoming bestseller, true story actually.

Ah! Let's take a deep breath.

Over 300 years ago we started to close down the Mystery Schools, most of them located in Europe, but Mystery Schools in other places in the world. We started to close them down one by one. Not because of the church or the law. We had learned to work around that. It was our "and." Why? Well, it was actually archbishops, members of the church in very high places that were actually secretly supporting the Mystery Schools, for they knew that we were still teaching the true mysteries, the mysteries that had been taken out of the church teachings, out of the holy books a long time ago, because it was thought that the regular common people wouldn't be able to handle it.



So it wasn't because of the law. We had learned to go beyond the law, meaning that we had learned to shift our consciousness and our reality a half a dimension away, sometimes even more than that. We had learned it of course back in the Temples of Tien, back in Atlantis, how to shift a half a dimension away, slightly off from the rest of reality, where we were still there – indeed, we still had our great schools, our castles, our amazing temples – but enough so that most people, even if they were looking directly at the castles, the schools or us, would not see us.

It's not that we created some sort of false mirage or laid a spell upon them. We simply put our consciousness in the "and" space. We still existed, we were still there fully and physical *and* also right outside of it.

So we didn't have to run from the law. We didn't have to try to avoid the church. We were in the true "and" consciousness, just as you can be in each and every day. You can be in the physical. You can be in the

mental. You can be in the world and you can be in time as well. *And* you can also be timeless. You can also be enlightened. You can also be beyond, simultaneously.

So the Master walked into the student's room. He was packing. He was sad. The Master had had weeks now of approaching each and every student at the school to bid them farewell, to give them a final embrace and final words of wisdom. And he came into Klaus' room and noticed that Klaus was indeed very, very sad.

The Mystery School was closing. It had been Klaus' dream to be in this school. He had been one of the best students and truly one of the hardest workers in the school. Always cooperating with the other students, always doing his homework – hint, hint Shaumbra – and always making his teachers happy – hint, Shaumbra. (some chuckles)

And he noticed Klaus had a stack of books on the table near his bed. And he said, "Klaus, what are you going to do with those books?" Klaus said, "Well, Master, of course, I'm taking them with me."

And the Master said, "For what purpose?" And Klaus said, "So I can continue studying, Master. So I can continue learning. So I can refer back to these books when I'm out there." And Klaus said, "You know Master, it wasn't me who chose to leave. I would still be here if it wasn't for you closing this school. This has been my home. This has been my family. This has been my passion. This has been my true enlightenment. But you're closing, for what reasons I do not know and I cannot understand. So I'm leaving, but I'm bringing these books so I can continue my studies."

The Master said, "Klaus, you're forbidden to take those books with you. First, they're not yours. Secondly, energetically, you're simply forbidden to take those books." This surprised Klaus because he had had to pay for the books. He thought they were his. But it was like your Cloud Classes; you just get to stream them for a while. (laughter and Linda giggles) A little humor...

So Klaus totally surprised by this said, "Well, Master, what's going to become of these books and why am I not allowed to take them?" The Master said, "Klaus, as I've told the other students also, the time for studying is ..." Could we do the door thing again? That door. One. That's it. And the heat off, please. Trying to tell a story. Where were we? Oh, in Klaus' room.

And the Master said, "Klaus, the time for studying is done. You and the other students like you had actually become addicted to studying. Studying for the sake of studying. It's time to experience. It's time to go out there through that open door, time to go out there and be in life once again. Yes, you made many changes, many transformations while you were here these several decades at this Mystery Schools. But there is nothing more to learn. Now it's about experiencing. Total experience. As a matter of fact, Klaus, forget everything that you've learned here. Forget the facts and the figures. Forget all of my incredibly profound and wise statements. Forget everything. Go out there now and experience."

Klaus started to cry, because part of him was hoping that there was a chance that the Master would allow at least a few of the students to stay on and that he might be one of them. But he knew this was it. He could tell by the Master's voice, by the Master's demeanor.

Klaus looked over at the books once again, the stack that laid next to his bed, and the Master said, "Don't even think about it. The time of studying is done."

Klaus took a deep breath and said, "What will become of the books? Are you going to use them for students in the future? Are you going to burn them? Are you going to hide them so the others out there don't have

access to the secrets, secrets which may harm them?” The Master said, “No, actually, we take all of these books, thousands and thousands of books that we have here in the Mystery Schools, we go out and we put them in bars and brothels, castles and community centers. Literally. We put them around, hide them, put them in a closet or a drawer or behind a wall or something, knowing that the right person will find them at the right time. Never too soon. Never too late. They’ll have access because they’re ready for it. Even if they may not consciously realize it, they’re ready if they find the books.”

He said, “One day, who knows, maybe 200 years from now, other people will do the same. They’ll put books in hotel drawers. (laughter) Who knows? But for now, this is what we do, put them in the potential path of those who are truly coming into enlightenment.”

He said, “Now Klaus it is time for you to leave. I’ll give you one last hug, one last farewell and then out through the door.”

With that, they embraced. They wept, for it hurt the Master as much as it hurt the student. It hurt the Master to know that the beauty of these Mystery Schools, which have been going on for thousands of years all over the world, were coming to an end; an era coming to an end. No more Mystery Schools. No more seclusions out in the woods or on islands away from others. The Master knew that this was also the end of an amazing era, but the beginning of a new one. An era where the students would come back and be in life, living life, experiencing life. No longer just studying. No longer isolated in some refuge away from other realities. It was time to experience.

Each and every one of you had that Klaus experience in one way or the other at one of the Mystery Schools sometime in the past; when you were asked to leave, when the school was closed or when you simply came back from a walk one evening and found the doors locked. You could not get in. It was time to go into experience.

First of all, *your* experience; your experience of enlightenment; no longer studying it, no longer allowing yourself that distraction. Some would challenge that and say, “Oh no! But you have to study. You have to ...” You’ve done that. You’ve done all of it, and it’s all basically the same.



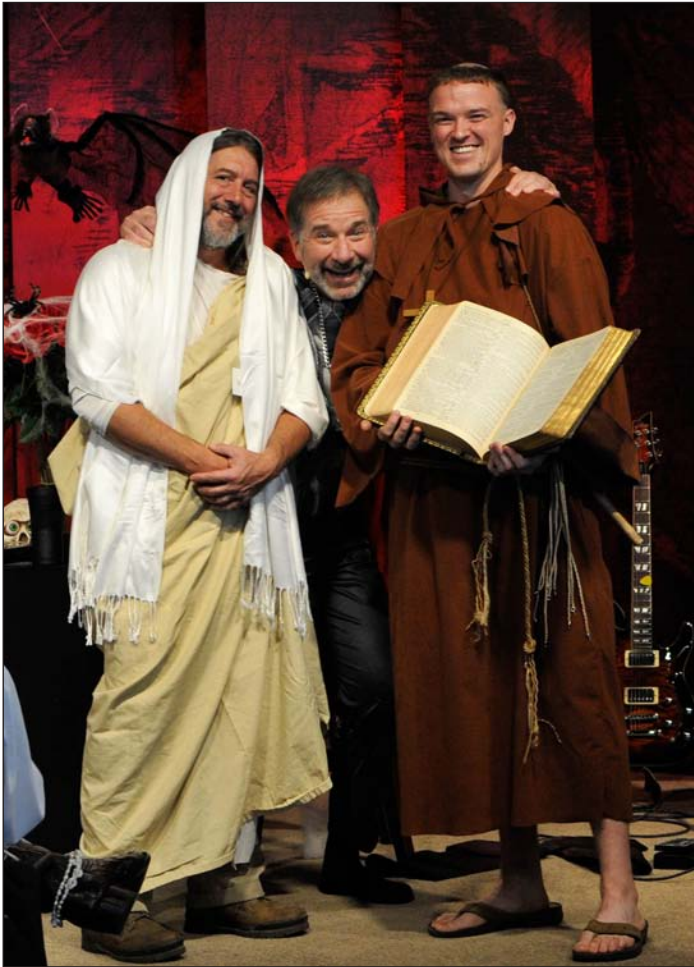
What is written in that big book – would you hold that book up so everyone can see. (speaking to someone dressed as a monk, holding a large Bible) And get a camera shot, if we can. Stand up, if you would. Yes. What is written ... bring it up here. There’s not enough lighting. Jesus, just settle down over there. (laughter) Yes. Yes. Thank you.

Brother. Yeah. What’s written here in this book with all of its – *ehh!* (he reaches to touch it and jumps back) – with all of its pages ... (laughter) ... I can do it! (more laughter as he touches the pages) With all of its

pages, everything that's in here from the Old Testament, which is kind of like the Tobias days in the Crimson Circle, into the New Testament, which is the Adamus days ... (Adamus sighs; some laughter) Everything in here, you could study every word and you're not going to be one bit further ahead.

Jesus, would you come up here for the photo? Just for the photo op. Yes. We've got to do this. (Someone says "What about Mary? That's not fair.") She didn't write the book.

"JESUS": Neither did I.



ADAMUS: I know! (they chuckle) I wanted to know if she knew ... Would you please pose together? Hang on. Just walk a little bit closer there. Okay, now pose together. Open the book. Big smile, Jesus. (some chuckles) Stand closer. Stand closer. (Adamus puts his face in between them with a silly smile; lots of laughter and some applause)

"JESUS": Lies.

ADAMUS: Good. Thank you, gentlemen. Thank you. (Adamus chuckles)

I always love when the new ones are watching. They want to turn it off, but they just can't. (laughter) They heard "You should go to this place called the crimson donut" or something. They find it on the Internet. They show up expecting some reverent spiritual gathering. Look in the – show up in the screen here – look what they're getting right now. Yes. And then ... yeah. This is what they're seeing. (Adamus chuckles) Good. Thank you. No more. It's too much.

So where were we? Oh, we were still in the story, weren't we?

So like each and every one of you having your Klaus experience saying no more studying. It's about experiencing it. And that's what you're doing.

You did it in that lifetime. You went back to your villages or traveled to new and different places. Oh, with a heavy heart of the school being closed. So difficult integrating back into the world that most of you actually didn't do a very good job of it, really not. You found yourself in your own secluded space. Perhaps having that time with yourself was good, but so challenging to be back in that reality.

So you came into this lifetime and you tried to do the study thing again. Yeah. Not that it's bad, don't judge yourself for it, but you tried to get back into studying. And I was sitting beside you the whole time saying, "Let it go. Let it go." There's nothing in that book that you don't already know.

You'll learn some things through my new book called "Memoirs of a Master" (laughter) – I'm just pimping

for some sales here – because I want to top that book (the Bible). That’s my goal. Would you hold that book up again? Yes. Yeah. Top that book. Yes. Good. So that’s my goal. Kidding. Joking.

So you tried to get back into the studying, and this is about experiencing. Experiencing it. Enlightenment is timeless; you will experience it in time. It will unfold. It will be realized in time. It’s an “and” proposition. It’s both. It’s not singular. It’s not one or the other.

You should be already learning, understanding – you’re enlightened and you’re not enlightened. It’s already all there, but you’re going through the experience of it. It’s an “and” thing.

When you get all clustered up, or you get all tight about things, stop for a moment. Go into the other, the “and” – “Oh, I am enlightened. Good” – and then if you want to get back and play in the unenlightened, fine. Take a deep breath and play in that. And then play in the reality where there is no such thing as enlightenment, because there’s kind of not. There is and there’s not, and that’s the beauty of it.

The Key Ingredient

And then, (play) in the whole thing that it’s fun. Once you loosen up a little bit, it’s fun to play in the reality of this reality here on Earth all started with some collision that they don’t understand called the Big Bang, and it was some hydrogen and helium that slammed together in this great big explosion. And from that this little organism started and then it grew and grew and it turned into a whale and then a monkey and then you! And it’s all science and it doesn’t matter, and you’re going to die, and nothing’s going to happen and get what you can while you can. That’s a great reality to play in. And it’s a reality. It’s true. At a recent gathering I told the Adamus version of creation. It was amazing. And it doesn’t matter.

You know why it doesn’t matter? You know why it doesn’t matter? There is no God, let’s say, there’s no Big Bang. There’s just this little organism and the little green pond scum. That was the earliest form of life on Earth – green pond scum – and from it you emerged. You can probably relate to that. Some days you feel like that. “Oh god! I feel like green pond scum today.” (laughter) Because you were!

It’s the “and.” It’s also. See, this is where it gets fun. You’re also green pond scum. So you grew up from this little scum on the ground that even birds wouldn’t eat, and suddenly you went through this thing called evolution. Yeah, and there’s no God, there’s no angels, none of that. Just green pond scum. There’s not even a god of green pond scum. Green pond scum is as good as it gets.



So you evolved from that and went through being a turtle for a while. You know, it’s part of the evolution. It’s the turtle phase that you go through, and then apes and then humans. And here you are. And there’s no God. There’s no heaven. No, really. Really. Allow yourself to experience that. There’s no heaven. When you die that’s it. That’s it. *Pfffft!* You know, nothing else.

It’s an amazing proposition, and I ask you really to play with it. Feel it, because suddenly you’ll realize, “Hang on, Adamus. Something’s going on here. I don’t care what you say about green pond scum and then being turtles at some point, something is in this whole picture of evolution that’s still not accounted for,

that's still not explained. Something is in here. *How* did it evolve? *Why* did it evolve? Why did it turn into this? Why did little green pond scums now be able to send a rocket to the moon and sometimes not so well? (a few chuckles) Why is it that this pond scum can smash atoms? Come on Adamus! Something else is going on here." I don't care if you subscribe to the pond scum theory of life or the Big Bang theory or God in heaven and you were bad, you got sent down here. It doesn't matter one way or the other.

What's in there? What's the common element in every one of these scenarios, which are all true by the way – pond scum to God to everything in between, the alien master races who created you and now they're fighting with each other who wants you. Actually, they're fighting who *doesn't* want you (laughter), but that's another theory. That's what the fight is about. My god! If you weren't so egotistical – "They're fighting for me." No, they're fighting to see who doesn't get you.

What is the common element in all of this? (someone says "Consciousness") Consciousness. Even if it was green pond scum, there was consciousness, and that consciousness, as it expanded, *did* create God – it did – *did* create the heavens, and it did create all of the dimensions. It created magic. It created everything.

I don't care where you came from, how you got here or where you're going. You've got consciousness. You've got consciousness. That is the key ingredient in everything.

With consciousness realized – in other words, aware of your awareness, I Am and I And – with that, my dear friends, you can live and experience and be in a multiplicity of realities. Realities that are absolutely conflicting and it doesn't matter. Consciousness is the common element, whether you came from God, whether you came from green scum doesn't matter anymore. There doesn't have to be some big story about it, because the headline is consciousness is here. That's it.

So the Mystery Schools were closed down so that you could be in experience, so that you could be in life. No more studying. No more books. No more having to figure your way into enlightenment. It was done back then because there were things. We had to isolate ourselves. We had to study some of the things. But then you graduated and here you are now.

Enlightenment is timeless; the experience of it is in time and it's beautiful. It's absolutely beautiful. *And* we'll also be going out of time with it. We'll be in phase and we'll be out of phase, and it doesn't matter anymore, because there's a singular element that you and only you own for yourself. It's your consciousness. It goes with wherever you go, whatever religion you subscribe to, whatever philosophy you become limited to, it's always there. It's called consciousness. It doesn't have mass, weight. It cannot be taken by another. It cannot be bartered.

The only thing about consciousness that is all yours, the only thing about it, it can be temporarily hidden by you from yourself. Perhaps a play, an act of consciousness to see what it's like to be limited in consciousness, I don't know. It doesn't matter, because the consciousness is still there. It can never be buried forever. It can never be hidden from you for eternity ever, ever. Never taken by another. No.

Energy. Energy can be taken – your energy, mental energy, emotional energy – but your consciousness is always there.

Let's take a deep breath, a good deep breath.

Sensitivities

Next. When you went into experience, particularly in this lifetime and particularly as you have been doing recently ... we got out of the studying, we have fun. And as I've told you over and over, I'm just the distractor. Pretty obvious. (some chuckles as he poses) Not trying to hide that. Just the distractor, so you can take a deep breath. It's been tough out there. You've been tough actually with yourself. So you can take a deep breath and just kind of, as Dave was saying, recharge the battery. You get kind of back to yourself.



One of the biggest challenges that the student-turned-the-experiencer has is sensitivity. Sensitivity, and that's one of the difficult things of leaving the Mystery School and leaving the books behind is you become very sensitive. Sensitive physically. I'm not telling you anything new here. You're suddenly sensitive to things that you never were before, especially things like pollution, but also even nature sometimes. You wonder, "Oh, I'm supposed to be spiritual – *achoo!* – as I walk through the woods and do the Walden Pond thing." And you wonder, "What's wrong with me. I'm supposed to be ..." No, no, no. Sensitivity.

You see, as consciousness is re-awared – there's no a good English word for that – but as consciousness is brought forth, you suddenly are a much more sensitive person in every way, physically sensitive.

What are some of the things? Very quickly, not long, but just one or two words. What are you sensitive to right now? There's also emotional sensitivity, a *lot* of sensitivity.

My point is, as you are going into more and more experience and becoming more sensitive, I see you then withdrawing. You say, "Oh! This is too much for me to handle." You pull back. Your body opens up and does a few quirky little things once in a while and you go, "Oh my god, I've got to control myself." You pull back. You get out of experience.

And that creates resistance and the resistance is really what hurts. Nothing else. There's a resistance taking place, because you're not sure if you should (someone sneezed) ... oh that was good. You're not sure if you should or you shouldn't. (laughter)

So you're kind of in a weird midland of experience and sensitivity and resistance, and then you get lost and confused and have to scream out for help.

So (to Linda), very quickly with the microphone. Not the gun (part of her costume), the microphone. Gun later.

LINDA: Pardon me?

ADAMUS: Sensitive. What are you sensitive to these days? What's really affecting you? And I want you to say so others can hear and they go, "Oh, I'm not going crazy." What are you sensitive to?"

LINDA: Can I offer one?

ADAMUS: Yes, Linda.

LINDA: Stupid people. (someone says “Yes”)

ADAMUS: Okay. And would somebody write this down on your magic board here. Who knows how to do this?

LINDA: I can run back and forth.

ADAMUS: No, no, no, no, no. No, no, no. Stupid people, that’s your own. And put this up please. Notice how I’m becoming the director also. Ahh! Yes. Too hot? Too cold?

ELIZABETH: Fine.

ADAMUS: Go. Okay. Keep the door open.

Yeah. What are you sensitive to?

ELIZABETH: I just seem to be more sensitive than ever to anyone else’s pain. I can’t watch shows about children suffering, people suffering. I can feel it, and I just can’t bear it.

ADAMUS: Your movies and television shows. It’s almost easier these days to watch Bewitched than some of your...

ELIZABETH: Right! Everybody Loves Raymond.

ADAMUS: Yeah. My Three Sons. Yeah. My favorites. My favorites. Yeah. No violence.

ELIZABETH: Right.

ADAMUS: Nice little artificial reality.

ELIZABETH: Yes, indeed.

ADAMUS: Had a good thing going. Yeah. Mayberry, you know. Ah! I loved watching ...

ELIZABETH: You’re going too far with Mayberry. (she chuckles)

ADAMUS: Yes, yes! I watch through your eyes. That’s why I know these stupid shows. Yeah. “Did he really watch?” Through you. Yes. Good.

ELIZABETH: Oh, that was my statement.

ADAMUS: Good. Thank you.

ELIZABETH: Thank you.

ADAMUS: Thank you. Good. Watching pain, and it’s indicative of TV shows and things. How many of you like really got more into the violence and the bloodshed and things? No? Good. Whew! Because there’s the door. (a few chuckles)



What are you sensitive to?

SHAUMBRA 1 (woman): Physically, more sensitive to smoke of any kind.

ADAMUS: Ohhh! Me too. (laughter)

SHAUMBRA 1: Pollution, anything like that.

ADAMUS: Yeah, yeah.

SHAUMBRA 1: Uh huh!

ADAMUS: Yeah. Cauldre's going to quit pretty soon. (more chuckles)

SHAUMBRA 1: We had people burning branches and tree stuff, and it came straight at us. And even with the windows closed, I was almost back into like an asthma attack, which I haven't had for a long time.

ADAMUS: Good. Smoke. More sensitive than ever to smoke.

SHAUMBRA 1: Yep.

ADAMUS: Good. Okay. Let's make this very quick. Just a few words, what are you sensitive to?

LINDA: Wait. Over here. Just a second.

ADAMUS: What are you sensitive to?

LINDA: I'm watching for hands.

ADAMUS: Could be anything, physically, emotionally.

PETER: Noise.

ADAMUS: Noise!

LINDA: Ahhh!

ADAMUS: Big one. Linda.

LINDA: Ahhh!

ADAMUS: Carry it with you or get somebody else. Please. We're trying to ...

LINDA: Come on! I'm having too much fun running like a fool.

ADAMUS: I have seven minutes. I have a date tonight. So please. (laughter)

LINDA: Lucky you.

ADAMUS: So we don't need to write these down. Yeah. Noise.



PETER: Noise. Yes.

ADAMUS: What type of noise?

PETER: I'd say, as a former rocker I can't even bear to hear the radio now.

ADAMUS: Yeah, yeah.

PETER: So I'm in total silence mode right now.

ADAMUS: Yeah. Good. Machinery noise. Does that affect you?

PETER: Any kind of loud noise, even people ... *shhh!* I told you. Noise. No noise.

ADAMUS: Yeah, yeah. (they both chuckle) Good, and mobile phones ringing during Master's presentation, totally annoying. Totally annoying.

Machinery noise – most of you aren't aware of it quite yet, but you will and it'll be really annoying and disturbing – but the sounds that machines, electronic, electrical machines make, fans, refrigerators, any of those with motors, because they have a frequency that's particularly annoying to a sensitive Master. Yes.

SHAUMBRA 2 (woman): Sleep. Sleep disturbance.

ADAMUS: Sleep. You're sensitive to sleep or sensitive in your sleep? You're allergic to sleep? (a few chuckles) That's a difficult one.

SHAUMBRA 2: I can't sleep ...

ADAMUS: Can't sleep. Yeah.

SHAUMBRA 2: ...very well.

ADAMUS: Good. Yeah. That's part of being sensitive. There's much more to that.

Let's do a – what do you call – your clown class. Let's do one about sleep. And yes. Yeah, that would be a good one. And everybody will fall asleep and the cameras will run.

LINDA: I'd like that. That would be really cool.

ADAMUS: So let's put that on the schedule.

LINDA: Yeah, yeah. Sleep.

ADAMUS: Yes. Would somebody write this down? They always forget.

PETE: Political robocalls.

ADAMUS: I don't know what that is.

LINDA: Oh! We hate those!



ADAMUS: What is that?

PETE: You get the automatic phone calls. He said now, you know ...

ADAMUS: Your governor calls you up to say, "Pete, how are you today?"

LINDA: Every day, huh?

PETE: Every day and four times a day, five times a day. I get more robocalls ...

ADAMUS: What do you tell him?

PETE: Click.

ADAMUS: Oh! Okay. Ahhh! Ahh! Yeah, yeah. Okay. You're in the middle of your campaign.

LINDA: Elections.

ADAMUS: Yeah. Good. Okay. What else are you sensitive to? Let's go very quickly. I'll keep my date waiting, but not too long. (Edith chuckles) You laugh Edith.

SHAUMBRA 3 (woman): Kids. (lots of laughter)

ADAMUS: You know, I love honesty. Your own or others? Yeah, yeah, yeah. So, I'm sorry, your own or others?

SHAUMBRA 3: Both.

ADAMUS: Both. Okay. Why are kids annoying?

SHAUMBRA 3: They're just loud. Annoying sometimes.

ADAMUS: Are you annoyed with the children or with the parents?

SHUAMBRA 3: Probably both.

ADAMUS: Both. Okay. Good. Yeah, they can be. They can be.

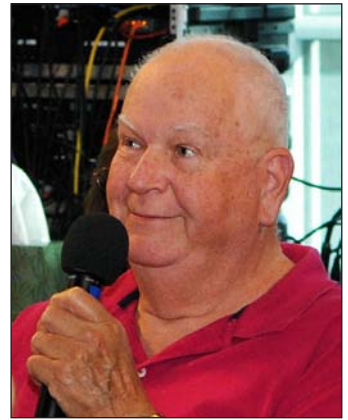
LINDA: Here, Bonnie's annoyed a lot. Let me ask Bonnie.

ADAMUS: I want you to understand that you're in experience now. The studying is over. That whole thing is done. We're in experience, but it takes its toll and sensitivity as you open your awareness. You're going to get more sensitive. You're pulling back all the time. "Ughh! Oh, this is terrible." No, don't resist it. Just go into it actually. We'll get into that in just a moment in our very brief merabh. I'll be there (apparently speaking to his date). Please. (laughter) Bonnie, yeah, what are you sensitive to? Shaumbra? Oh no, I heard ... (Adamus and Linda laugh)

LINDA: Here's one.

ADAMUS: Good. Two more. What are you sensitive to?

SHAUMBRA 4 (woman): Fear consciousness.





ADAMUS: Why?

SHAUMBRA 4: Well, we were talking about we're in the election cycle, and everywhere, everywhere it's like, if you don't do this we're going to lose this and then we're all going to go to hell and we're going to die and the world's going to explode, and if you don't do this ...

ADAMUS: And, and, and ...

SHAUMBRA 4: You know, and it's just like delete, delete, delete, delete.

ADAMUS: So, *and*. So what do you call your sensitivity?

SHAUMBRA 4: I said fear consciousness.

ADAMUS: Fear consciousness. Yeah, fear phobia.

SHAUMBRA 4: Since all the fear is just fear. Yeah.

ADAMUS: Yeah, yeah. Good. Fear – *oh!* – so much of it.

But – I've got to stop for a moment – why? Why is there so much fear? You realize there is a lot of fear and nothing ever really happens.

SHAUMBRA 4: Well, media is propagating it, and ...

ADAMUS: Eh, media is just people.

SHAUMBRA 4: ... yeah, and we got Ebola now.

ADAMUS: Oh yeah!

SHAUMBRA 4: If the powers that seem to be keep everyone in fear, they can control everyone.

ADAMUS: Yeah, or – and, and; not an “or,” an “and” – eh, yeah, they can control everyone. That's kind of nice. It sounds good. *And* everybody wants it. That's my contention. They want it. They want the drama. They want to feel, “Yeah, the man's controlling us.” Nah, the man can't control anyone, unless anyone lets them.

So they like it. They like the drama. They like the “Ebola strikes the world!” You know, flu kills a lot more people. I don't hear a lot on the news about flu other than get your damn shot, which is a conspiracy, by the way. Yeah. (some chuckles) *Brrrr! Brrrr!* Getting flu shots ...

LINDA: That's was a joke, right?

ADAMUS: ...makes you do strange things. *Brrrr!*

LINDA: That was a joke?

ADAMUS: It doesn't matter! It's a joke, but it doesn't matter. Fear, flu shots, and that's exactly what you're going to get. Yeah. And then you're going to be double feared, because, "Oh, I didn't get my flu shot, now I'm going to get the flu from all these sick stupid people around me and their children that are making noise." (laughter) "And smoking! And then interrupted by a call from the governor!" But then you're living between the fear of that and then the fear of getting that shot. You've lost before you started. You're sunk before the ship ever leaves the port.

But you know, as humorous and stupid as it sounds, that's the way people live. Not condescending, I'm just being realistic. So shut up. I heard you. (a few chuckles)

If you can't take this, why do you watch this? If you sit there every month listening, making your comments ... shoo, shoo! Go away. There are other groups that are made just for you. It's called the zoo. So ... (laughter)

LINDA: Ohhhhhh!

ADAMUS: It's another word for life. *And* ...

LINDA: No more costumes for you.

ADAMUS: I'll just be nice from now on. Nahhh! No, no.



So to my point, and I've got to rush off in just a moment here. But ah! Guess what? *And* ... I've got a problem. See, I'm late for a date, a very important one. I'm late for a date. What do I do? Do I hurry my presentation at Crimson Circle? Do I rush through this? Do I talk so fast that the poor translator is just ... I think she passed out back there. (laughter)

Or do I say "and." And. I'll be late baby, *and*. (some chuckles) And there's no time. And I didn't really have a date; I just wanted to impress you. (lots of laughter) And they're all true. They're all true, absolutely, every one of them.

What I want you to realize today is the "and." Those crappy little problems – I'm not looking at anyone – *and*. Come on! Get over it. There are so many realities and they're all true. There's not one better or worse.

You left ... you actually got thrown out of the Mystery Schools. We closed down. Actually, we told you we closed down. We never really did but we had to tell you something! (laughter; Adamus chuckles) Nobody else left. Because it was time for you to stop studying. It was time for you to experience. Well, you're experiencing, but you kind of got into a very narrow focus of experience. It's kind of like you got so into just that role, that act, that costume, that personality, you forgot, and I'm here to remind you that there's one great big "and" out there *and* in there. It's everywhere. It's time; it's no time. It's funny; it's not very funny.

And. This is going multidimensional. You're in experience. I didn't say inexperienced; you are in *and* you

are in the experience of enlightenment. Whew! Wow! Pond scum in enlightenment! (laughter) You are in experience, and it's not singular. Have a damn good time with it. Enjoy every moment.

It's not a test. It's not a contest. And absolutely you cannot fail at it. You can just make it ungodly eternal and miserable, but you can't fail. You cannot do enlightenment wrong. The only little asterisk I would put there – you can sure take a long time at it, which is not so bad, because, well when you realize there's really not time and there is time, what does it matter how long it takes. The question I put back to each and every of you is, again, how do you want to experience it?

Now, as I said earlier you're not going to get rid of all your problems, yeah, as long as you live here. Living off in the Mystery School, we got rid of a lot of problems. We just didn't have to face everyday life or relatives. It's my relative theory of enlightenment – leave your relatives behind. (lots of laughter)



LINDA: Ohhh!

ADAMUS: That was good. Pretty damn good. Dress me up as a superhero every month. (a few chuckles)

So where were we? Oh. And. You're in experience. There's going to be problems. Look at the "and." Let it get big and ugly and everything else and then look at all the "ands" and all the escapes from it or all the solutions and all the transformations that take place. And then just let them happen. Don't work at it. Don't think about it. You think about it, you're getting back into the limitation. You let it happen. You just get expansive with it.

You will get sensitive. As long as you're in the physical body and the human mind, the level of sensitivity is highly increased. It's not because you're doing anything wrong. It's because you're doing something right. You're allowing a greater degree of awareness.

The awareness comes to the body, to the mind, to the consciousness, to every part of you. You become more aware of noises and they're more irritating than ever.

The closed-consciousness being can close off noise. Even if it's an amazing bad spectrum of volume and frequency, they can close it off. The aware person actually embraces it and then learns that they can be whatever "and." But they never try to get rid of it. They just put their consciousness where they happen to choose that day.

You'll absolutely become more sensitive to nature stuff – that's a technical term, "nature stuff" – because in a way you're not really natural here on this planet. You really weren't pond scum, I was only kidding ... and. (Adamus chuckles) But it's a foreign place, and you're a visitor here. And as your light body comes in, your light body is like, "Oh wow. What is this stuff in the air?" As a matter of fact, what is air? And things fly in the air and they make smoke in the air. So the light body is not used to all that. The light body is kind of setting up that sens-... *it's* becoming sensitive.

What to do? Well, actually, embrace it, allow it, don't resist it and stop wondering what's wrong with you and everything else. You're just becoming more sensitive. Let yourself have that experience of sensitivity, even if you are sneezing your brains out. Your body will naturally adjust. It will, yeah, if you don't mess with it. If you stop taking all those supplements and all that other crap.

As long as you're taking that, the body, in its natural transformation, is just going to step back and say, "Okay, they're going to take all these drugs or pharmaceuticals or natural herbal remedies. Well, *pfffft!* Okay, we'll just sit back and wait." And once you just allow the true natural remedy, which happens to be yourself, then you'll start getting through some of the sensitivities. You'll start being able to attune and adjust to the variable energies and levels of consciousness and spectrum of consciousness.

You're going to get sensitive to people's emotions and watching television and all the rest of that. You don't have to go and necessarily watch violent movies to get through it, but you'll adjust to it. Compassion will help you adjust. You'll help yourself adjust. But take a deep breath, because the sensitivities are there. You're not alone in this at all whatsoever. Sensitivities are there.

Another one I want to address is fear. Fear sensitivity, or anxiety is probably a better word.

A lot of you have felt yourself experiencing anxiety, unknown anxiety, unidentifiable. You try to identify what it is. You'll do anything from saying, "Well, it's outside energies, energies of the world." Yeah, to a degree. You'll say that it's the mothership beaming strong light waves onto Earth right now, and ... (Adamus yawns) Some "ands" are little bit more interesting. Whatever excuse, but you'll try to give reason to that unidentifiable anxiety.



Now you are in a mental process and you're in tremendous resistance. Then you panic. Panic adds to the anxiety. I probably didn't need to tell you that. And then you reach into the medicine cabinet for something.

Now, I don't care if it's total homeopathic. By the way, you all use that term homeopathic in absolutely the most incorrect way. There's a difference between natural and homeopathic. Do you understand? Yeah. You take a homeopathic for panic? You're taking panic, you know. You're bringing more panic in so that you can adjust the panic. But you see the word "homeopathic" – "Oh, that's good for me." I don't think all the time it's the best thing.

LINDA: Ohhh, we're going to get emails.

ADAMUS: I don't care. I don't care. I'll take the five of you who really want ascension and we'll have fun. Or a thousand, and it can be a million.

Homeopaths. Please if you're going to take something understand a little bit about it energetically. It's not just that it's natural, it's got to be good for you. It's actually really bad for you. It's like a flu shot. Eh? It instills that energetic quality inside you. You have panic? I wouldn't be taking that.

Then in your medicine cabinet you have something that's just natural. It's okay. It's natural. It's got to be good for you, right? Because some scientist somewhere has ground up some natural products that came from the dirty Earth that you're allergic to now (some chuckles), and ground them up and put them under pressure and heat and put them in a bottle and said "Natural," because they didn't contain a simple little chemical, which is also natural. Any chemical is natural. But you see that it says natural on there, so you reach for it for your anxiety, a "natural remedy." Nothing happens, so you get more anxiety, and then you take more natural pills and then you get more anxiety because the natural pills aren't working. Then you think you're

special because you have to take ten times the recommended dosage to even feel a tiny little bit of anything, all because it said natural. And you're like, "Well, I have special problems. I have to take ten times. Other people just have to take one dose; I have to take ten. So I'm really special. My problems are big."

And then there are the pharmaceuticals. Good or bad? Doesn't really matter. They're potent. Surely, they're potent. They override the chemical and electromagnetic flow in the brain. They'll screw you up but good, send you on to a journey. Maybe they'll cure the anxiety. Or maybe, just maybe they'll make you forget about the anxiety. It's still there, but now you've deceived yourself at a whole new level, a remarkable chemical level of saying, "I don't have anxiety. I'm calm. Namaste." (laughter) And you got this other part that's screaming, "You stupid idiot! I've got anxiety!" "Ahhh! I feel so good. Ohh!" That's interesting.

My point is, before I sign off here, when you reach up there because of your sensitivity – this is your medicine cabinet, not the dead bat. (some chuckles) People watching in online don't quite see it the same as you. "Why is he pointing to the dead bat?"

When you reach into your medicine cabinet ... (he picks up Linda's toy gun) *peow!* "Why is he shooting himself today?" (laughter) Why do you think?

When you reach into that medicine cabinet and you go for your anti-sensitivity, anti-anxiety, anti-whatever, you go for your homeopathic, your natural, your chemical or whatever, stop for a moment before you do. Take a good deep breath. *And. And.*

Your consciousness is blossoming; it's germinating right now. It'll blossom later, but it's germinating at least. It's opening up. It's exposing itself to realities that have been closed down for a long time; rooms within your mansion of Self that have been absolutely sealed off. It's going to feel uncomfortable. Then it'll feel really good.



It's going to feel fearful for a while, especially your mind. Oh! As you expand beyond the mind and its crazy little games, you really wonder, "What can I do? I can't control it. I can't manage it." But you don't know what to do. You take a deep breath and if anything you just remember the simple words "and." *And.* It's not the only reality.

It's not the only reality. There's so much more going on.

You just take a deep breath and then of course you remember my immortal words ...

ADAMUS AND AUDIENCE: All is well in all ...

ADAMUS: ... of the many creations.

Thank you, dear Shaumbra. You've been a delightful, but unhumorous audience. Thank you. Thank you. (audience applause)



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