

ADAMUS<sup>®</sup> SAINT-GERMAIN



THE FREEDOM SERIES • SHODD 5

"THE DREAM OF THE SOUL"

Presented to the Crimson Circle • February 2, 2013



CRIMSON CIRCLE

ADAMUS® SAINT-GERMAIN



Freedom Series • Shoud V  
“The Dream of the Soul”

Presented to the Crimson Circle February 2, 2013

*Featuring*  
Adamus® channeled through Geoffrey Hoppe  
*assisted by Linda Hoppe*

Please freely distribute this text, in its entirety, on a non-commercial, no-charge basis, including these notes. All other uses must be approved in writing by Geoffrey Hoppe, Golden, Colorado.

See contacts page on website: [www.crimsoncircle.com](http://www.crimsoncircle.com)

© Copyright 2013 Geoffrey Hoppe  
Golden, Colorado USA 80403

*All photos by Dave Schemel*  
*See additional photos [here](#)*

*Listen to the audio or watch the video of this Shoud online [here](#).*

## ADAMUS® SAINT-GERMAIN



### Shoud V - “The Dream of the Soul”

I Am that I Am, Adamus of Sovereign Domain.

Welcome to the gathering. Welcome to the High Court of Enlightenment. (some chuckles) Ah, every one of you here, most of you listening, you’ve been in the royal courts in the past. Here we have the Court of Enlightenment, filled with the kings and the queens, the dukes and the duchesses. Filled with the princesses and princes of enlightenment, of freedom.

I use the term a little bit jestfully, because you’ve all been in the courts before, but I’m very serious. This is a very special gathering. Every month when we get together, a gathering of the royal ones, the ones who are setting the fashions and the trends for enlightenment, the ones who are guiding the consciousness of enlightenment in this new era. This royal Court of Enlightenment in the Kingdom of Freedom. Hm? Ahh!! Yes. (audience agrees) So, welcome. Your highness. (Adamus chuckles as he addresses Linda)

#### *Dreams*

In our last gathering we talked about dreams. I said if you’re going to have a dream, a vision or an aspiration, bring it here or let it go. Hm. Rough stuff. Rough stuff, because it was kind of warm and fuzzy having these multi-otherly-dimensional dreams. Kind of nice having them out there where they weren’t subject to all the hardships, all the traumas and the dramas of this reality. So I said bring it in or get rid of it.

Big waste of energy having them out there somewhere. Big disappointment, in a way, also, and it created such a division within you, because you had your everyday reality and then you had your dreamy-dreamy world. Time to bring those together.

If you’re going to have visions, dreams, aspirations, heart’s desires, damn it, bring it here or let it go. Truly. It’s a huge waste of energy. It creates an aspect when you have the two different ... Oh, lovely. Yeah, coffee with cream, please. Ah, yes.

LINDA: My pleasure.

ADAMUS: Yes, no sugar.

LINDA: Oh, no sweetness for you? Ohhh.

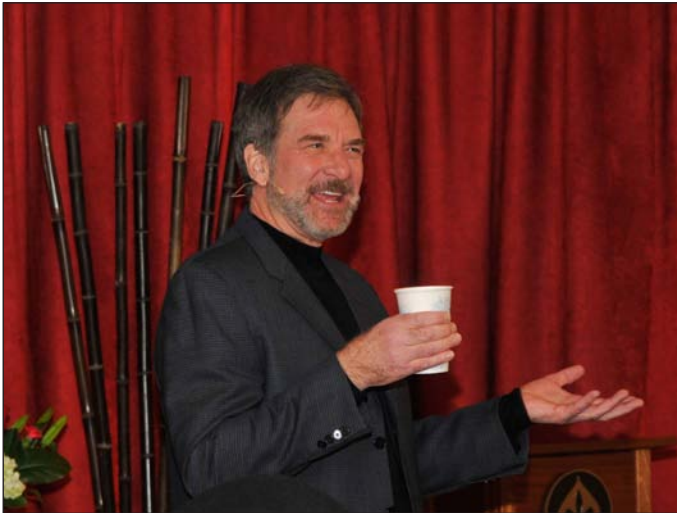
ADAMUS: I am sweet enough as it is.

LINDA: Ohhh.

ADAMUS: But hurry, hurry, Linda. We need the microphone to go around in just a moment. Faster, faster. (laughter) Ooh. She's used to it. She lives with him. (Adamus and audience chuckle)

Dreams, a wonderful thing, but it is incumbent on you, it is *needed* for you to start bringing those in. Do you realize how many human dreams are out there somewhere else? It's causing a lot of traffic congestion out in the other realms. So many dreams, so many ... (Linda brings him the coffee) Thank you.

LINDA: Is this too hot for you?



ADAMUS: Nothing is too hot for me. (laughter) Are you referring to you or the coffee, my dear? (more laughter, Adamus chuckling)

Where were we? Dreams. Dreams.

Do you realize the tremendous congestion out there? Do you realize the ... (he moves the lectern to the stage) Thank you. I could have done it myself. (Adamus chuckles)

Do you realize how many children will go to bed tonight with dreams of a better life, better education, better food, better parents, better everything? Do you realize how many old people will go to bed tonight dreaming that they had had a better life, that they had done more things? And you realize one of the most common things with the elderly, as they know they're starting to make their transition? They say to themselves – I have to get my position here appropriate – they say to themselves, “I wish I hadn't” – what, Jane? – “So much in my life. I wished I hadn't ...” what?

JANE: Oh, worried.

ADAMUS: Worried! You thought you were off the hook! (laughter) We just skipped a month, so you could worry more about me coming and asking you about it. (Adamus and audience chuckles) That's what they said. They say, “I wish I hadn't worried so much.” So please, let's not have that dialogue in 72 years when you're ready to go. See, I took the worry away right there. “Oh! Seventy-two years,” she says. “I don't have to worry about anything.” No.

They do. They lay in bed and say, “I wish I didn't spend so much of my life worrying about things, being

restricted by things, listening to what others...” That is one of the most common things that they think about just before they cross over. Hmm. Hmm.

So many humans will go to bed tonight and they’ll dream. They’ll dream of a better life, a better understanding of themselves, better relationships with others. They’ll dream of the things that they would really love to do, whether it’s a creation, a project, helping others, but they dream about it, and when they wake in the morning they go back to their routines, back to their old way of doing things.

It’s time, with a very special royal group of beings such as yourself, that we bridge that, we bring those dreams in, and that’s what we talked about last month. Only bring in the dreams that you really, really, really want to manifest. The others, let go of. Only bring in the dreams that you dare – dare ... oh, it is so good to see you back my dear. (he’s speaking to Edith and kisses her hand; audience applause)



EDITH: Thank you.

ADAMUS: You look divine. Divine. You are divine.

So one of the things we’re doing as this royal court ... I like that. I liked the courts for a long time. Certain strange attributes about them, of course, but there was such a ... ah, such gaiety, such fun, such setting of direction. So, and you were one also. (to Linda; she snickers and Adamus chuckles) And she laughs.

So it’s about bringing those dreams in that you truly want to manifest, and being bold and courageous enough to insist on it, to manifest it, to make it real.

Now, it might sound nice, but that’s a little frightening. As we talked about last month, sometimes it’s easier to keep the dream off somewhere else. Then you never have to be disappointed by it. Then you never have to have your dream subject to the harshness of this reality. Then you can always dream it and not really have to face it.

So it begs the question, why did you dream this in the first place? Whatever your dream was. Why did you dream it? Was it a passion from the heart? Was it a distraction for the mind? Was it something that is deep, deep within your soul and your soul wanting to have that dream, to experience it in this reality? What was the dream? Where did it come from? And it begs the question, then, about passion. Passion.

It’s not the mind that creates reality. Period. It is not your thoughts that create reality. The mind knows how to maneuver within reality. It knows how to avoid certain aspects of reality that it wants. But the mind does not create reality.

Now, for the last 80 to 100 years, it’s been popular to think that, but the key word is “think.” All these – and some of you participated in – mind control classes and mind creation classes, and if they were so effective, there wouldn’t be any more classes. Everybody would have taken it and be doing what they want. But these things of the mind, the thoughts that flow through your mind do not have passion with them.

In here (heart), there’s a dream, a real aspiration, sometimes coming from the soul, sometimes from the self, sometimes the soul self, and it has passion attached to it, and that passion is what brings dreams into reality.

That passion is what breaks through barriers, and there are a lot of barriers to break through in bringing your dreams in. That passion is what draws energy, and energy then helps to manifest and make real your dreams.

So what are the dreams, the aspirations, the desires, the visions? What are those things that would bring you such joy, bring you such happiness and a feeling of fulfillment? What are those things that would break through some of these barriers. These barriers of, oh, whether it's your aspects or human consciousness, they're like rings upon rings upon rings surrounding and sometimes actually suffocating these passions.

### ***What About Your Dreams?***

We're going to talk about that a little bit more today, but I ask the question now – and Linda on the microphone please – since our discussion last month about dreams, what have you learned or experienced about *your* dreams in the last month? Please Linda.

LINDA: Pick somebody?

ADAMUS: Volunteers.

LINDA: Okay, volunteers.

ADAMUS: What have you learned, realized or experienced about your dreams?

SCOTT: I think for me is, because I have a lot of things in motion right now, and it's about the amount of time that I spend on those dreams bringing them into reality and making them my own world versus spending time thinking about other people's worlds. That's what's been my reoccurring theme this month. And so the first ... right after the last Shoud the first week or so was focused not on that, thinking about other people's worlds and realities, and the last few weeks have been focused more on what it is I want to create and letting that flow through.

ADAMUS: And what is it?

SHAUMBRA 1: I just have a lot of ideas in motion with my website stuff. (he chuckles)

ADAMUS: What are you going to bring in? What are you going to let go? One thing. What are you going to bring in?

SCOTT: (he pauses) Hm ...

You had a month! (some chuckles) A month. What do you want, a lifetime or two? A month. This is not trivial stuff here.

SCOTT: Well, I'm launching my Colorado Creative News site.



ADAMUS: Good.

SCOTT: So that's the main thing.

ADAMUS: Good. Good. Thank you. Deep breath. Good. Excellent. Excellent. And are you ready to bring it in in the way you know it can really be done? (he nods "Yes") Good. Okay, then bring it in.

Now, it's going to have some, mm, you call them challenges; I call them fun. (laughter) It's going to ... as the dreams come in, they make their way into this reality and they get pushed and shoved around by you, by others, they have to adjust themselves to this very, very different reality. But when the passion is there, they get energized and then they become true.

Now, what happens if it becomes true?

SCOTT: I hope it does, because I've been working on it for a long time now.



ADAMUS: But that raises a point that, and again, as we get into this dreamscape and actually ultimately the freedom of dreams, there is also a tendency for people to like to work on things rather than to realize them. And actually, once it's realized, then there's oftentimes a sense of boredom or, worse yet, a desire to destroy what they just built. Little kids in the sandbox build up little castles and then create wars and destroy them. So this is a very, very important point in understanding why you want to bring that into reality and what's going to happen once you get it. Hm. Good. Thank you.

Next. What did you learn, experience or come to understand in this last month about dreams?

TESS: Oh. I think allowing with ease.

ADAMUS: Yes.

TESS: I really wanted my own room for the Egypt trip.

ADAMUS: Yes.

TESS: And I was on a waiting list, and then it came through.

ADAMUS: Good. Excellent.

TESS: And I had a moment where I said, "Oh no! The money! Maybe I should have a roommate." But no, I knew all along that just some reason I wanted to honor myself with this trip and this room, and I did it. And there was that one minute of questioning, and I was done with it.

ADAMUS: And that's a good point, because as your dr- ... just take a moment, all of you. Just feel your biggest dreams. Not your own room in Egypt ...

TESS: Yeah, that was ...

ADAMUS: ... but that's a nice everyday example. Not a bad dream though, yeah.

TESS: Yeah, the traveling for me.

ADAMUS: Yes, traveling. Good. Take a moment and just feel into, feel the passion in your dream.

Now, I'll add a little footnote here: *Your* dream. I didn't say your creating-reality-for-somebody-else dream. That's where, again, people get very confused or get in trouble, because the minute you start trying to dream for others, you're mixing consciousness and energy. It doesn't usually work so well. But it's a very difficult thing. There's such a desire to say, "Yes, but I, you know, I want my children and my family to be happy." Forget about it. Truly, it's not up to you. It's going to be a very frustrating dream.

So take a moment. *Your* dream, for you. Feel the passion for a moment.

(pause)

And then imagine it starting to come closer and closer, which it is.

(pause)

Starting to come into your reality. A funny thing happens. First, it feels very good to have it start coming in closer and closer, and then suddenly, when you realize it could happen, then the fear and panic strikes. Then it's all the "what am I going to do about money"; all the old human conditioning that comes in and, in a way, almost starts to push it away. Almost start to say, "I'd rather keep it in dreamy-dreamy world rather than bring it into this reality."

Then the mind jumps in – or aspects or whatever you want to call them – and starts saying, "But what if it doesn't work? What if I fail at it? What if I get it really close and then something happens? Or somebody steals it or I sabotage it? I'll just keep it in dreamy-dreamy for a long time." Almost, in a way, you think almost better out there, because then when you have a few moments to yourself, you can just dream about your dreams rather than living them.

But, in this new era, New Energy, it doesn't work anymore. It won't be. Either let go of the dreams or bring them on home. Congratulations on your own room. Mind if I stop by and visit? (some chuckles) Just to say hello.

So, good. Next. What did you learn, experience with the dreams this month? And, by the way, it was a very good dream month. A lot of reasons – astrological, me, other reasons – but very good month for experiencing dreams. Yes?



TERRY: I worked on bringing in the dream of nearly unlimited abundance, and what I did concretely was get some books on ...

ADAMUS: I have to stop you. Why *nearly* unlimited? (some chuckles)





TERRY: Uhhh ...

ADAMUS: That sounds limited. Really.  
(laughter)

TERRY: That's a good question.

ADAMUS: Yeah.

TERRY: But yeah ...

ADAMUS: Why not unlimited?

TERRY: I was trying to get unlimited abundance.

ADAMUS: Yes. Good.

TERRY: And in order to do that, I bought some books on tape.

ADAMUS: Mine?

TERRY: Warren Buffett.

ADAMUS: My abundance class?

TERRY: Um, you know, I bought ...

ADAMUS: Do I look like Warren Buffett?

TERRY: I bought the book of the gal that wrote the book that was introduced here, but she did want us to do an awful lot of homework.

ADAMUS: Yes, yes.

TERRY: So I only got past chapter one.

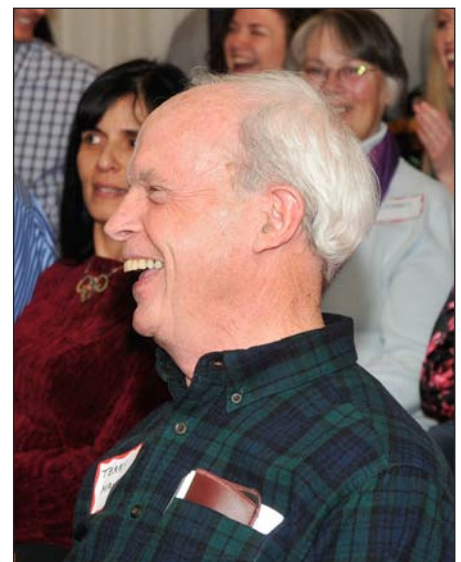
ADAMUS: But she's so sweet. She's sitting right there. (laughter)

TERRY: And I loved the book. I love the book.

ADAMUS: One of those awkward moments! (more laughter)

TERRY: Hey, being honest about it. I love the book, and I will do the homework sooner or later.

ADAMUS: Yes.



TERRY: But easier was to get ...

ADAMUS: And what was the name of the book – a little cheap commercial plug here. (someone shouts “Conscious Abundance”)

ADAMUS: Conscious Abundance?! Did you change the title?! (Adamus chuckles)

TERRY: Conscious Money.

ADAMUS: You see what I have to deal with here? Conscious Money. Microphone, please for a moment.

TERRY: So, yes. I did get that book.

ADAMUS: Just the microphone to Patricia so she can give a ...

PATRICIA: Abundance?! Money!!

ADAMUS: Money! Money.

LINDA: Oh stand up!

ADAMUS: Money.

LINDA: Stand up! We want to feel!

ADAMUS: What is the title of your lovely book?

PATRICIA: Conscious Money.

ADAMUS: Exactly.

PATRICIA: And thank you for your kind endorsement of it ...

ADAMUS: Yes.

PATRICIA: ... which Vicki assures me I have on videotape.

ADAMUS: Good.

PATRICIA: Thank you. I had record, best book sales of the entire book launch from Shaumbra Launchpad in November! (audience applause)

ADAMUS: From Shaumbra, yes.

PATRICIA: Thank you so much.

ADAMUS: Good.



PATRICIA: Can I tell my dream?

ADAMUS: Sure, but as soon as you let Terry finish.

LINDA: Yes. Okay, I'm coming back to you.

ADAMUS: Good.

TERRY: So, yeah. And I loved Conscious Abundance, I just suggest ... (laughter) Conscious Money.

ADAMUS: Where's the camera? You see what I have to – you see what I have to deal with?! I love these people but...! Go ahead. Conscious Money.

TERRY: We need this Conscious Money on tape.

ADAMUS: Yes.

TERRY: It really ... I think in the modern world, it's tough to get the time, but everybody's driving around all the time.

ADAMUS: Good idea.

TERRY: So ...

ADAMUS: As narrated by Adamus. (laughter)

TERRY: Absolutely. Absolutely.

ADAMUS: Good. So what did you learn?

TERRY: All right. So what I was trying to do is overcome resistance by breathing or listening to this Warren Buffett talk about this lifestyle that's unimaginable to a lot of us, to me, and also where he was coming from and his whole story and then what he does about picking good companies. Same thing that your book says. He's very much into finding good companies, and investing in them.

ADAMUS: What did you learn?

TERRY: I learned to start being more comfortable with this idea that I indeed could start right now and invest and bring ...

ADAMUS: Uh oh.

TERRY: ... abundance in.

ADAMUS: Come on up, Terry. (Adamus and audience chuckle) The visitor's dilemma. (Terry comes to the front)

So Terry, let me start by saying this. First of all, freedom is an attitude. That's all. And you could replace the



word freedom, enlightenment, ascension. It's all the same. You have to be free to be enlightened and to be ascended. They're all the same. They're an attitude. That's all. None of you can study your way to it. You can experience your way to it, but not study. It's an attitude. Mastery is an attitude. That's all. We've talked about it here before. You walk like a Master, and suddenly, you start to feel like a Master and you've got a Master swag. (audience chuckles as Adamus

is demonstrating) And you have the look in your eye like a Master, and you start to feel at your core like a Master, because at your core you are. It's all the rest of this crap that overlays it. You've forgotten about being a Master.

Mastery, enlightenment is an 'tude. It's a big attitude. (someone says "Oh yeah!") Oh yeah! Oh yeah! Where's Yoham when I need them! I can hear the song coming on. Abundance is an attitude. Let's see your abundant attitude. Camera right there. (Terry postures an abundant attitude; audience laughter and applause)

Yeah, it's an ease. It's kind of an energetic dressing. You go to the energy clothes closet and you look and say, "Ah, I want an abundance look today," and you dress that. I'm not talking literally, but I'm talking the way you get up in the morning. You carry that attitude of abundance. And a funny thing, is all the un-abundant parts of you start to feel a little bit more important, or they get out of Dodge. They leave.

TERRY: Yeah.

ADAMUS: It's a choice, but it's really an attitude. So it's – we *are* going to have an abundance class – but it's just going to be about sitting with our attitude.

You know, when the Ascended Masters, when we sit around, we have our own club – we have many clubs, actually – and we sit around and it's just like this. (Adamus sits in his chair with an attitude; laughter) It's an attitude. I'm an Ascended Master. (Adamus continues demonstrating; more giggles) It's just like that. It's an attitude.

So let's all do the abundant – go ahead and stand up – let's do the abundant attitude. (audience stands) Now, get everything out of your brain, because the brain is just going to tell you it's just another day and another struggle. Let's get the attitude.

Take a deep breath. It's you. It's at your core. The abundance is there. Now bring it up onto your face, in your body, and just kind of move. (audience begins to move) Yeah, that's it. Just kind of move abundant. You have all unlimited abundance. Unlimited abundance. You're just in ease and grace. Let's do it, Terry. Let's do it. Abun- ... yeah. Just like that. It's an attitude. Attitude. Yeah. Good. Good. Thank you.

And remember that, as silly as it might seem. Why study a lot books by Warren Buffett. Wonderful man, but you're not Warren Buffett. You are Terry!

So walk back to your chair – no, in just a moment here; hang on a second, hang on, everybody sit down, please – walk back to your chair with the abundant attitude. (Terry and Adamus chuckle) Now, right away you’re thinking too much. Right away you should have been walking down that aisle like “I own this place. I’m walking on gold, dancing on diamonds.” (Adamus is demonstrating) I mean, that’s all it takes! Go ahead Terry.



TERRY: All right. This will be a little bit of pirate abundance.

ADAMUS: Good.

TERRY: Because I’m into pirates. (someone says “Aargh,” as Terry begins to demonstrate)

ADAMUS: Ah, there you go!

TERRY: Aargh!

ADAMUS: Aargh! Aargh! (audience applause)

TERRY: Gold! Gold!

ADAMUS: Thank you. Thank you for indulging me and giving everybody a good laugh and a good lesson. Good experience, yes. But actually, abundance is just an attitude, as is mastery, as are your dreams. Yeah, you start walking those dreams, being in those dreams. Not keeping them out there, but just being in them right here.

It’s a very natural, spiritual, universal principle. If you act it, you *are* it. It’s that simple. And then you discover, first of all, that what you’ve got right now is just a big act, which is okay. But look at what a great job you’re doing it. Then you realize you can start acting anything you want. You can start acting healthy, strong. You can start acting clear, like you really know what you want. You can start acting, and you realize you can change the act whenever you want. Every day can be a new act. That is the joy of freedom! Anything you want – it’s all an act. It’s a great act, a divine act. It’s very, very real. I’m not saying it’s made up or false. Not at all.

Everything that an Ascended Master does is just an act for the sake of acting or experiencing or just being, because every time you act, every time you act, it is an expression of beingness, an expression of yourself. Joyful expression. Every time you act, when you do it without holding back, without limits, at first it brings up the issue of trust. Can you trust yourself to act like something that you haven’t been conditioned to be? Can you trust yourself just to act like anything and that you’re always going to come back to your I Am-ness? But after you realize, “I do. I can. I can act abundant. I can act like anything I want. I always contain or carry the I Am-ness, I’m never going to lose that,” now you can act joyfully, without abandon, recklessly if you want.

You can act in phenomenal ways, but right now, you tend to keep it really, really tight. You’ve got one act going on and it’s been going on for a long time. (laughter) And if there’s one thing that I would like to do is to move you beyond that act. We’re not just trying to do a little better act. We’re not just trying to make this old act just give it a little freshen up. We’re trying to go beyond, break through the barriers so you can really just be expression. That’s the joy.

Next. Yes, what did you learn in this past month about dreams?

PATRICIA: Ah! What I learned this past month about dreams is that my dream has nothing, apparently, to do with my work, my mission, my purpose, or any of that stuff.

ADAMUS: Bravo. An Adamus Award for you.

PATRICIA: Oh thank you!

ADAMUS: Yes. Yes. (some applause)

LINDA: Wow! You've been stingy with those. This is a first in months and months.

ADAMUS: There have not been many.

LINDA: No. You got any money in your pocket?

PATRICIA: Oh, I don't need the money.

LINDA: No, *I* want the money! (laughter) Really?

PATRICIA: Well, I'm prac- ... I'm being a prac- ... I'm acting abundant.

LINDA: Yes, you are.

ADAMUS: Yes. Oh good. That's exactly – “I don't need the money” – and then when you say that, a funny thing happens. Cauldre goes into his pocket and pulls out just for you one thousand won.

PATRICIA: Oh! And won!

ADAMUS: Korean won.

PATRICIA: Wow! (Adamus chuckles) Bank of Korea! Thank you.

ADAMUS: So you've got an Adamus Award and a Korean won.

PATRICIA: Wow.

LINDA: One what?

ADAMUS: Well, it's worth one dollar, but a thousand won.

PATRICIA: Maybe this means I'm going to go to Korea.

ADAMUS: Maybe it does.



PATRICIA: But that's not my dream.

ADAMUS: Yes. So you're ...

LINDA: But it's a wonderful place.



ADAMUS: ... going well here. So what did you learn? That the dream is actually not about the work, the effort. Amazing reality. Interesting. How many of you would have thought the dream is about what you're working on? The work just occupies time. Wonderful work, by the way. But it's ... what *is* your dream?

PATRICIA: My dream, and then I have a question about it, because I thought I had it nailed down, and then you said it shouldn't involve your family members.

LINDA: Ohhh.

PATRICIA: So my dream is to live for an extended period of time – say six months, a year – in either France or French speaking Switzerland with Alain coming, because I don't think he'd want to say no to that. No, but I mean ... (Alain raises his eyebrows and Adamus laughs heartily) So I don't ...

ADAMUS: And we have that on video, by the way.

PATRICIA: So am I getting ... am I ...

ALAIN: Don't speak for me!

PATRICIA: No, see, but that's right. I can't speak for him, but obviously, it would be ...

ADAMUS: Let's stop it right there. Why do *you* want to go?

PATRICIA: Oh, I want to go to fulfill my lifelong love of speaking French.

ADAMUS: Yes. Good. Good. Now, you can do that and it doesn't have to involve Alain.

PATRICIA: I know.

ADAMUS: Yes.

PATRICIA: Oh, of course.

ADAMUS: Yes. But it could, if that's his dream.

PATRICIA: Yes.

ADAMUS: I don't think it's his dream. I think he already knows how to speak French. (laughter) Houston, we've got a problem.

PATRICIA: Oh, he could always get better at it!

ADAMUS: Or, Paris, we have a problem!

So that's interesting. So stop for a moment everyone ... and Cauldre is telling me to hurry. I told him I'd be short. He and dear Linda are leaving for Egypt and I'm also leaving tonight at eight. I'll be there at eight-zero-one. It takes me one minute. It takes him two days to get there, but ...



PATRICIA: Wow.

ADAMUS: Yes. So let's go back to this. How much of your dreams are contingent or dependent on other beings? Well, want a percentage? (someone says "Sure") Any guesses?

PATRICIA: High. A hundred?

ADAMUS: Eh, 99.9999, almost to infinity. Almost everyone. It's not unusual, because you've grown up in communal situations, communal lifetimes. There's the biological families, everything else, so it's very natural to think that. For those of you who are in a relationship, a – what would you call it – a committed relationship – should be committed (some chuckles), – but being in the relationship ... no, it's a good thing. (Adamus chuckles)

LINDA: Ha, ha.

ADAMUS: Suddenly, you're like, "Well, my happiness is dependent my partner or my children." This is where you get in trouble. That's not freedom. I'm sorry, they're lovely beings, for the most part. They're lovely, lovely beings, but let's just say, your children. You feel an obligation, a debt, a service and all the rest of that. You brought them into this world; you have to make them, damn it, appreciate it. So there is this interrelationship that makes it very hard for your dreams to come into reality. It takes a very bold, courageous person to dream their own dreams for themselves.

Now – and this is very similar to ascension, by the way – because the first thing that comes up is, "Oh, my God, what's going to happen to my children, my husband, my parents?" – you name it – "my job, anything else?" So you immediately cut off the life force energy to your dream. And then you say, "Well, I'll have to wait until they graduate from college or whatever, whatever happens." So now you have unfulfilled dreams.

The thing that amazes me, that I don't quite understand – actually, I do, but I'm just provoking you – is who said that your dreams or your enlightenment or ascension are going to harm these others? That it's going to suddenly blow up your spouse or suddenly your children will be without a mother or a father – where does that come from? There is this assumption that if your dreams come true, that everybody else is screwed. Interesting. So, I'm sorry to interrupt, but...



PATRICIA: Oh.

ADAMUS: Yeah.

PATRICIA: I've shared it.

ADAMUS: Good.

PATRICIA: And it feels so exciting to me to have that passion of my heart ...

ADAMUS: Yes. Yes!

PATRICIA: ... connected to this.

ADAMUS: Yes.

PATRICIA: That doesn't ... but I also could ... I mean, sure, I could go and do that tomorrow, but what I'm really asking for is that the universe orchestrate a magnificent set of circumstances to make that ... for that dream to happen in a beautifully divinely orchestrated way, instead of ...

ADAMUS: And the universe doesn't give a damn. It doesn't. And I hear the expression and I know what you mean when any of you say it, but it's *you* that's orchestrating the universe.

PATRICIA: Mm.

ADAMUS: It's you that is calling in the energies that are aligning them in an appropriate ... and as soon as there is that little breakthrough in enlightenment, "Ah, oooh, it's here," which is a difficult thing, because sometimes you don't want to have to face that it's coming from here. It's easier to blame it on the universe. That would be a great – your next book – "Blame it on the Universe." (a few chuckles) A wild hit. You'll write it on your one year sabbatical to France.

PATRICIA: Mmm.

ADAMUS: Ah, yes. "Blame it on the Universe." Yeah.

PATRICIA: Thanks again for all your support, Shaumbra and Adamus.

ADAMUS: Yes, thank you.

PATRICIA: Thanks.

ADAMUS: Thank you. (audience applause) And one more. One more. What did you learn or experience about your aspirations, your dreams, dear Bonnie?

BONNIE: Hi.

ADAMUS: Lovely dress today.

BONNIE: Thank you.

ADAMUS: You look festive.

BONNIE: Thank you.

ADAMUS: Aware. (someone shouts “Woo hoo! Bonnie!”) Groomed.

BONNIE: I want it to be freedom.

ADAMUS: Yes. Good.

BONNIE: But how am I going to get there?

ADAMUS: Ah! Leading up to my next question. Thank you. Thank you. How ... that *was* my next question.

### ***What Does it Take?***

What does it take for freedom? What does it take for freedom, Bonnie?

BONNIE: Not to have to work all day every day.

ADAMUS: Not to have to work. Good. Why do you have to work?

BONNIE: Because I need the money.

ADAMUS: Well, you’re ... help me to get this. You have to work to get money?

BONNIE: Yes.

ADAMUS: When was this invented? (she giggles)

BONNIE: A long time ago, I think.

ADAMUS: I think, Bonnie, it starts with that attitude. You got the attitude, the upbringing, the previous life backgrounds – “Work for it, struggle for it.” There’s almost a sense of guilt, maybe even a little bit of a lack of appreciation, if you don’t get down on your hands and knees and suffer for it. Let us release that. Right here in this court of enlightenment, let us release it. It doesn’t look good on you, like that blouse does. (she giggles) It doesn’t.

So you’ve got this very deep-seated belief that you have to work for it. You do. So many of you do. You can let that go, Bonnie. You can then ... two things happen. First of all, you start enjoying your work rather than resenting it. Secondly, you realize it just flows in. It just comes in. It’s the dream brought to reality. Does that make sense?

BONNIE: Mm hmm.



ADAMUS: Yes. But what are you going to do tomorrow?

BONNIE: Work some more.

ADAMUS: Work some more. Yeah. Yeah. And then what? What does it take for your freedom? What does it take? And this is a question for any of you, because Linda will be coming with the microphone. What does it take?

Yes, Linda will bring the mike.

LAWRENCE: Passion for discovery.

ADAMUS: Passion for discovery. Good. Good. Do you have passion for discovery?

LAWRENCE: I do, and I've been living my dream. Walking through doorways that are just opening up.

ADAMUS: Good.

LAWRENCE: More and more potentials. I have so much I'd like to share with people.

ADAMUS: Nah. Naah. Let's stop right there. I understand what you're saying. Cauldre's giving me a hard for ...

LINDA: Eh, wait, wait, wait. There are a lot of women here that want to know if he's single or available. (laughter)

ADAMUS: Why are you asking me?

LINDA: I'm just ... he said he's got a lot to share. You know, I'm just asking.

ADAMUS: Yeah, okay. Well, here we go down that rabbit hole.

LAWRENCE: I am single.

ADAMUS: You are single, okay. Do you want to give out your phone number or your email?

LINDA: Are you available?

LAWRENCE: I am available.

LINDA: Oooh! (a couple hoots in the audience) Did you hear that?

ADAMUS: Oh, Linda's dating service.

LAWRENCE: I'm pretty much – how do you say – in my own ...



ADAMUS: Available tonight?

LAWRENCE: ... a journey of my own discovery where it's just like I'm not looking outside myself for anything really.



ADAMUS: Good. Good. So you have a lot to share, and I stopped you because – and I'm doing this to irritate all of you – you still have this thing about saving the world. Forget about it. I'm going to get into that in just a moment again until you start to get it. Sharing just for the sake of doing it, of expression, whether you're sharing it with a little gopher, whether you're sharing it with a human or sharing it with an archangel, that's great. But don't share just to try to save the world, and I realize that's not what you meant, but ...

LAWRENCE: Well, I'm being told ... I'm hearing things out there that it takes the collective consciousness ...

ADAMUS: Hang on. We have to stop. Being told by whom?

LAWRENCE: Well, ehh ... (Adamus chuckles) Oh, Kryon! Kryon.

ADAMUS: Kryon.

LAWRENCE: All right. Okay.

ADAMUS: Well good. At least you're in good company.

LAWRENCE: That it takes a certain amount of collective consciousness to ...

ADAMUS: You listen to Kryon; you don't listen to me!

LAWRENCE: Well, I'm try- ... I am listen- ... I'm open to everything. Attached to nothing. (they laugh)

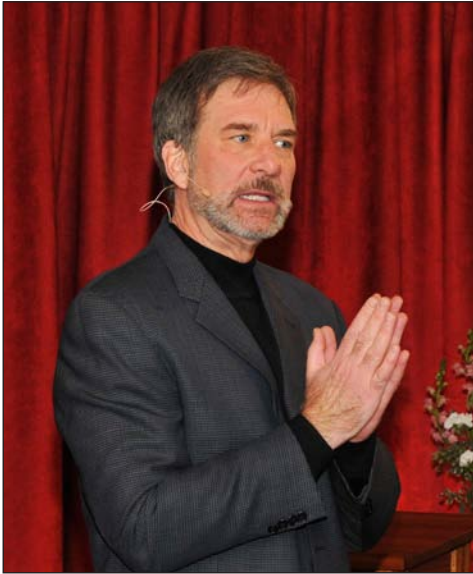
ADAMUS: What is Kryon saying to you right now? "Run! Run!" (laughter)

LAWRENCE: No, no! Actually, he says the same thing.

ADAMUS: He really is! (more laughter)

LAWRENCE: Um ...

ADAMUS: I want those voices that any of you hear to be your own. We really don't talk to you all that much. Really. Humans, they want to believe that there's some higher being talking to them, giving them guidance. First of all, Ascended Masters don't know the answers. They're old farts. They died a long time ago. They don't understand it. They're going to tell you *one thing*. They're going to tell you to allow, or they're going to say "Love yourself." They're not going to go into this yip, yip, yip, like I'm doing right now. (Adamus chuckles) They're going to make it clear.



So, please, between now and our next gathering, no more of this “they’re telling me.” Take that out of vocabulary or don’t come back here ever again. I’m serious, because where we’re going there’s no room for it. They – who’s they?! “They,” to me, is mass consciousness. This big Borg, blobby kind of thing. They – they’re the ones who set the laws, tell you how fast you can drive. They’re the ones who tell you you have to wear red in Valentine. It’s always they. They’re the ones who tell you what to think and what to do. Let’s release “they.” I’m tracking with you, but I just love these opportunities to interject.

Let’s let go of the “they.” There is only one and it’s you. Take credit for it. “I’m telling myself. *I’m* telling myself. That deep resonate part within me is sharing profound knowledge that I already have, but I just kind of blocked.” No more they.

“They” do not ask you to write books. They’ll help you. Once you decide to bring your dream to reality, oh my gosh, there is just a legion of them. They’re here to support the royalty – you. But they don’t say, “You need to write a book.” First of all, they have better things to do, and secondly, they don’t care until you do. Got it? They don’t care until you do. But you’re not pawns in this kingdom. They’re not moving you around and saying, “We want you to do this. We want you to do that.” If that was true, just boom! Get it over with right now. Terminate! Come back in another ... I’m serious. Yeah, just terminate, because otherwise you’re going to be really frustrated.

Oh, so we have to keep moving along. Were we done? (he nods “Yes”) Really? Okay, good. Good. So what does it take for freedom? Give me just a few words, profound words.

LAWRENCE: To just do and be.

ADAMUS: Be. How do you be?

LAWRENCE: Human ... being. (he chuckles a little)

ADAMUS: Let’s go a little bit beyond. (Adamus chuckles)

LAWRENCE: Follow your passion.

ADAMUS: Follow your passion.

LAWRENCE: Just follow your passion with no worries, no fear.

ADAMUS: No worries. Good. I liked that.

A few more. What does it take for freedom? And I’m not asking for my sake; I’m asking you. What does it take?

MARIANNE: For me, I think it’s just ... it takes just loving myself, because I really find that no dream can make me happy unless I’m in love with myself

ADAMUS: Yes, good. Good. Excellent. And, but the question then I have to ask is are you?

MARIANNE: That is the work in progress, because, because, you know, I really discovered this last month that, you know, I have everything I actually want. I really have no dreams. They're out there, but I'm not happy. So ...

LINDA: Hmm.

ADAMUS: Hmmm.

MARIANNE: And that has been the thing with me for a long time.

ADAMUS: Yeah. Yes.

MARIANNE: So what you want, you know, is really ...

ADAMUS: Work in progress and loving yourself. What would one do as part of this work in progress?

MARIANNE: Breathe! (some chuckles)

ADAMUS: Good, and what else?

MARIANNE: I think it's really firstly shutting off my mind.

ADAMUS: Thank you.

MARIANNE: Because my mind is the one that's going around and round and telling me all kinds of stuff.

ADAMUS: Yeah, yeah. How does one shut off their mind?

MARIANNE: Breathe! (they both chuckles)

ADAMUS: And? And? Shut off the mind, breathe, but ...

MARIANNE: You know, just letting more of soul, of the I Am Presence come to the forefront.

ADAMUS: Yeah.

MARIANNE: And ...

ADAMUS: Yeah. I'll sum it up. It's really about trust, because the mind is always out of trust. Always, always. When you breathe, when you get into trust, no matter what, an unconditional trust ... now, we talk about trust a lot. It's not a new topic at all. But for most of you, it's a conditional trust. "I'll go a little bit. I'll put one toe in the water." But I'm talking here about just total wide open trust.



MARIANNE: Exactly. And, you know, the only time I've been really happy is when I have totally trusted and I have been totally in touch with myself.

ADAMUS: Yes.

MARIANNE: And for some reason in this last few months, it's just ... actually, a lot of old aspects have come up, and I'm trying to integrate the old aspects.

ADAMUS: Now, we'll use this as a continuation of our discussion of dreams. So you get into trust, you start to feel good, you start to feel balanced, and it starts happening.

Now, right away what happens in this reality is that others start attacking it. And it's not just you attacking it, but others start attacking it. "You're crazy. What are you doing? Act like the rest of us. What's wrong with you?" You know, "Why do you have to be so different?" You have to be prepared for that. You have to be prepared. Most of you are very sensitive about what other people think about you. So once they start attacking, how are you going to stay in that balance?

MARIANNE: I find that, you know, the main attack is from my own mind.

ADAMUS: Yes.

MARIANNE: And not listening to what my mind is telling, because I can not listen to what other people tell me, but trying not to listen my own mind, that gets a little tricky sometimes.

ADAMUS: Yeah. Good. So I just want to summarize here. The work in progress; how are we going to just get through it, because otherwise this could take a long, long, long time?

MARIANNE: I've been finding recently that it's just making that choice, and you can see the choice sometimes just in front of you, and you know, it's just taking that step. And I can see now that it's getting to the point where I cannot not take that step and remain balanced and centered.

ADAMUS: And with all of you I would like that we go beyond the steps now, because, you know, one step leads to another step leads to another step, and it leads one to believe they're making progress, but in reality it's just a lot of steps. If you like steps, that's fine. But in this new era, I want to break through. Not just steps anymore, but really breaking through that crystal ceiling.

Good. One more. What is it going to take? What is it going to take for enlightenment?

LINDA H.: I'm going to stand up, because this is not normal for me to do. But I'm going to stand here and say that, uh ... there are a few things this month that have scared the shit out of me, but ...

ADAMUS: Good.

LINDA H.: But it's ... I didn't know they were dreams necessarily, but they manifested.

ADAMUS: Yeah.

LINDA H.: I developed a relationship with someone that I didn't even know that has been so choice and

so dear to me that I did not even expect, I did not think in my mind, but it is here and it is real and it is everything that I wanted that I didn't even know I wanted.

I manifested a relation- ... well, we've got a large family, and every year one member of our family holds a family reunion, and it was my year to host it.

ADAMUS: Mm hmm.

LINDA H.: And we've got 75 people in my immediate family.

ADAMUS: Dear Linda, what was my question?

(she pauses)

See what happens?

LINDA H.: They ... yes. They could not receive. I said, "I'm a grand manifester ..."

ADAMUS: Linda ...

LINDA H.: I can make it happen, and they ...

ADAMUS: What was the question?

LINDA H.: ... wouldn't do it.

ADAMUS: The question.

LINDA H.: They ...

ADAMUS: What is it going to take to break through? What's it going to take for enlightenment? And you're giving a wonderful example, telling stories.

LINDA H.: Okay.

ADAMUS: What is it going to take? Be really clear.

LINDA H.: Well, I don't understand then what, heh ... the last thing that happened was another relationship that I didn't even know that I wanted or needed or anything, and it's here.

ADAMUS: Yeah.

LINDA H.: So okay, if I'm telling the story, I don't know ...

ADAMUS: Do you see what happens?

LINDA H.: ... how else to explain it.





ADAMUS: No, no. You see what happens. Now, it isn't to take away from your experiences at all, but where we are going, all of us in this Royal Court of Enlightenment, it's about clarity also. It's about clarity.



What's it going to take, Linda? One word. What's it going to take to break through for your enlightenment, for your freedom? You're not free. None of you truly are right now. Getting close. Taking steps. Work in progress. What is it going to take? And this relates directly to our discussion of dreams. You have a dream of freedom, but it's a dream. It's not here. *What is it going to take?* And it's not about anybody else or anything else. Linda, you're almost, you're right on it. It's on the tip of your tongue. What's it going to take?

(she pauses)

Clarity, Linda. Clarity.

Clarity, Shaumbra. Clarity.

You see, it's so easy to get distracted. It's so easy to get into stories and issues. Just clarity. Clarity is also an attitude. It really is, just like mastery, just like enlightenment and ascension. Clarity. Clear about your dreams, clear about your choices, clear about the I Am.

We see it all the time – we see here, we see it in workshops that we do – the distraction. Going off, chasing rabbits, chasing entities, chasing, “Well they told me.” They did not tell you, and if they did, don't come back here. That simple. Tough, but simple.

We're not going to get into all that. This is about clarity, about the clear, crystalline I Am that *is* the dream, but that's also coming in.

### ***The Dream of the Soul***

My dear friends, this physical body of yours is preparing itself to accept the true crystalline nature of yourself, your soul, your I Am-ness. It's the dream. Oh, a lot of other dreams, a lot of other things you'd like to do, but the true dream or the true desire of the soul was about present embodiment. Present embodiment. Not being in two places or a thousand places or ten thousand at one time, but being back together. Clarity right here. Embodying this crystal – and when I say crystal, I'm not talking about the stones; I'm talking about crystal means clear – clarity, pure. So this crystalline nature of what you would call the soul is preparing to come in.

The dream. The frightening dream, because you've been pursuing it. You've been a work in progress, as Marianne would say, for so many lifetimes. You've been studying it. You've been in the churches, creating the churches. You've been in mystical societies, secret organizations, everything else. But in a way, those were steps along the way, maybe even necessary steps or steps of experience. It's time we stop taking the steps.

This body of yours, Linda and Roy and Edith and all of you, this body is getting ready to accept the I Am. It is a true crystalline structure that has not been in the physical before, but it's coming in. It needs clarity. It needs the attitude. It needs the dream, and this dream is the grandest of all dreams. It's the dream of the

soul – being together and present within this physical experience; being human and divine simultaneously, no longer separate; being in and of this reality with all of itself. This desire of the soul, if you take a moment to feel it, the soul into itself now. The soul into itself.

The soul created this aspect that would go into human experiences before all of it came in. And it gave this human aspect, who has had many, many lifetimes, a large degree of freedom and free will. But there are times when the soul has superseded or overruled some of the things of the human. It's given the human a very, very, very, very, very long line. And this human is the soul, but the soul in its brilliance didn't send *all* of itself within itself right away. The soul said, "To know myself and to love myself, I'm going to dive completely into me." And in that moment, this aspect, this fragment of the soul that would go into the human experience, went forth, paving the way, blazing the trail or adjusting the frequencies so that ultimately the entire I Am-ness could be present within itself.

Your ... this body that you have, this mind that you work with, this is *the* lifetime, the vessel, the vehicle for which the soul will come in. But it will not force its way in. It cannot force its way into itself. It will wait patiently until this part of itself that is human is ready, has clarity, has the attitude, and is willing to receive into the physical body.



You *are* the soul; but you are, in a way, also just a shadow of the soul. The soul right now is saying, "Paul, I'm right here. I am you, you are me. Really is no separation, but I was so wonderfully clever, that I created you, Paul, to go first before all of Paul came in." It said, "But Paul, I love you because I love me, so I'll wait until you are ready. Even if it appears that you get lost, which I know you won't, I'm going to wait until *you're* ready, Paul, because Paul when you say you're ready, then I'll know I'm ready."

We don't have room for distraction, for "they" or for "the others." We don't have room or patience anymore for steps. We don't have time for distraction. It's now. Right now. Right here. Period. Soul ready to come in.

PAUL: I'm ready.

ADAMUS: It wants to come into that body, into this being, into this experience. So I ask the question, dear human of Paul, what does it take? What does it take? That's why we're talking about dreams. This is the dream of the soul and also of the human. What does it take?

I said get rid of all the rest of your dreams. They're frivolous. They were distractions. They were wasting energy, wasting my time. Get rid of them. Release them. Just the real dreams, the dream of the soul and the human. The Paul dream or the Joanne dream or Terry or whoever you happen to be. It's an amazing dynamic that's happening right now. And, dear Linda, that soul wants to come into this body, and you have to be clear about you.

No more stories. No room in this royal court for stories. Just experiences. Just realities. That's it.

Let's take a deep breath. Deep breath.

What just happened? I lost my coffee. What just happened? Anybody? Something very interesting just happened. Yes.

ELIZABETH: Well, I felt a shift.

ADAMUS: Yes. A big shift.

ELIZABETH: Yes.

ADAMUS: Why?

ELIZABETH: I was in that place allowing myself to feel and not think, but feel and be.



ADAMUS: Good. There was a lot of bouncing energies before. Deliberate, passing the microphone, a lot of mind thoughts, a lot of emotion, and it was all, in a sense, distraction. But you knew it. Deep within each and every one of you, you knew it. And you were the ones – not they, but you – called out and said, “Where is this going? What?! What, this ...” You know, and, to a degree, the mind is a little satisfied, because it’s got commotion. It’s got motion and commotion, and it kind of likes that. But there was something deeper that said, “Let’s get on with it.” Using all of you, but then using Linda as the impetus, to move into real. So thank you, Linda. So. Good. (audience applause)

Now, moving along. Oh! Never enough time. Moving along.

There is the dream ... the dream – I’m going to ask you to feel it for a moment, because it’s so thick right now – the dream of the soul to finally be within itself. This is the I Am, and it happens here. Physical reality. Why? Because it’s so damn tough. (Adamus chuckles) Because it’s so real. It’s not gaseous. It’s not airy fairy. If it can happen here, it happens, you see.

In a strange way of saying, the soul – the I Am – has had some previous experiences with coming into itself. It’s kind of almost like a unification, almost like a diving deep into itself and emerging then within itself, if that makes sense. But it was done in other realms, in nonphysical kind of ethereal realms.

So there was some doubt, you could say, using humans terms, or rather a sense of, ahhh, not quite total satisfactory sense of coming into the I Am that your soul had. It says, “I need to ... I *really* need to feel it. I *really* need it so that it’s a grand experience, not just a fluffy experience,” and so here you are, soul, *in* your experience now. Here you are, and if you can take this lifetime, this body, this identity that you have and crystallize it, let soul fully come into this body, then it feels, ahh, full satisfaction. No doubt. That was it. The soul diving into itself.

So this dream of being within, the dream of the soul and the dream of remembering and coming back to your full self, your total consciousness – the dream of the human – it’s a big dream. It’s a scary dream, because what if it doesn’t work? What if you fail at it? Huh? You’re not going to fail? What if you do?

JEFFREY: Doesn’t matter.

ADAMUS: Yeah. It doesn’t matter. Good answer. An Adamus Award, Linda. An Adamus Award to Jeffrey.

It doesn't matter, because when you think about failing, that's coming from what? (audience says "The mind") Your mind, and really actually from your past experiences, because it's saying, "Oh, I failed, you know, this lifetime. How many times have you failed?"

LINDA: Oooh.

ADAMUS: So the mind is setting up. It doesn't matter, because those are human thoughts. When there is the divine involvement ... when there is the divine involvement, there's no such thing as failure or success. Just experience. There's no right or wrong.

Let's take a deep breath. Running out of time. Hm.

### ***Beyond Old Psychology***

I want to talk for a moment about something that ties into all this. We're going to continue to weave in. It's something that Jean and Cauldre got to talking about the other night on the phone, because we've all been talking about it in our consciousness, in our dream state.

Humans have issues. Yeah. (Adamus and audience chuckle) Yeah, profound. It's one of those Master statements. Yeah. Just stand on the street corner or at the airport, yes, and just spew off things like, "Yes, humans have issues." They'll think you're wise, actually, if you say it right. "Humans – also meaning, 'not me' – humans have issues."

Humans have issues. Other humans try to treat them, and it doesn't work very well, and it's working less and less well every single day. It's called psychology or psychiatry. And it's also called pharmaceuticals. Better life through chemistry. Not really. It's called giving pills to handle things, because the old psychology isn't working. Old psychology is based on the mind. Based on the mind, and it's based, to a certain degree, on a very narrow perspective of the past. It fails to take into account past lives. It fails to take into account, yes, the soul, which I don't expect that it will, but it looks at a very narrow set of circumstances and it gets very, very mental. So it's not working very well. It's not, and this all comes back to the subject of dreams.

When there are psychological issues, when it is all mind focused and there's a lot of mind processing, can you imagine? The mind is very clever, up to a degree. It will go in circles and circles and circles, and it will feel, because it is taking steps, because it is always working on things, that it's making progress. But the whole time the mind is laughing, saying, "Boy, I've got them fooled. I've just got them running in circles." The mind loves activity. Why? It makes it feel alive. It's like a computer that's always on and always churning away. And if it's cranking out thoughts and emotions, it feels like it's doing its job.

Psychology is based on the mind, for the most part, and yes, emotions, but emotions come from the mind. The mind, as we've talked about in some of our classes, created emotions as a cheap substitute for feelings, awareness, consciousness ... consciousness.

And, when the mind gets involved in dreams, it gets very, very confused, and it chases dreams. The dreams really never become a reality. What happens is you get a little morsel of the dream landing once in a great while, just enough dream to keep you dreaming somewhere else. They don't manifest. They don't come in.

When somebody is having deep psychological problems – they're confused, they don't know what to do,

they're in a morass of emotions and thoughts, and they can't sort it out anymore – they go to a psychiatrist or a psychologist, and what happens? They get involved in mental masturbation, mutual masturbation with each other, and they just start processing. And it gives a sense of relief, because, “Oh, finally something is being done to untangle,” but it doesn't. It really doesn't.



Now there are times when somebody will have a certain amount of relief through therapy, but I'm going to say it's not the therapy. It's actually the person or the soul, the whatever you want to call it, finally saying, “I'm tired of this game. I don't care what the psychologist is saying. I'm going to get myself back into balance.”

This whole game of the psychology that's being practiced right now – extremely mental. We can go beyond that starting with yourself. It always starts with yourself, because when it starts here, you don't have to go out and stand on a soapbox and preach it. You just radiate it and illuminate it.

The new psychology I would call – drum roll (audience begins stomping their feet), eh, thank you, thank you – Compassionate Psychology.

Compassionate Psychology. It's what we did in one of our recent DreamWalks. We went back to a time in the listener's life, back to when you were 18, 24 years old – I picked that timeframe on purpose – went back to visit. Not to process, not to figure out what was done wrong or who done you wrong – that's an inherent problem in mental psychology – but back to visit Self. Back to visit, not to do anything; not to try to repair or fix; not to try to have sympathy. Sympathy is very different than compassion. But the compassion was to be able to go back into that timeframe that was 20, 30 years ago, back to an incident that happened.

And, by the way, it's always interesting. I'll say “Go back to when you were 18 to 24 years old,” and most of the time people say, “I went back to an incident I didn't think I would have ever picked, but I just found myself there.” Interesting. I wonder why that is. Because you weren't thinking about it, and because it was actually probably more important or influential than the one you've been thinking about and processing.

So you go back there to visit. What are you doing in the visit? What are you doing? Well, you're just having compassion. Compassion is acceptance. It's not saying, “Oh, you poor thing. Look what happened to you.” That's mental psychology, and that's really very ... at a point, it actually can be harmful. Caldre's holding back my words, but I'll say it. I don't like it. At a point, it is very, very harmful. And I know there are people who'd argue it and say, “No, it really helps. People come to the office and they sit here, and we talk about their problems and they go back into their childhood.” Really?! And that's helpful? Because it's a lot of reprocessing. It's kind of like warming up the old beans again, and it's very, very mental. There's no *compassion* in it. It's emotional and mental, but there's no true compassion.

Compassionate Psychology would be going to visit yourself when you're eight years old, from the I Am that you are right now. You go back to visit your eight-year-old self. You don't have to say any words to that eight-year-old. You're just there. You don't have to try to repair anything. You don't have to give false hope and promises. Nothing. Just being present. Just being there.

Imagine ... well, hell. Let's just do it. Good.

## *Compassionate Psychology*

Let's take a deep breath. Take a good deep breath, and no music on this one, John. Just take a good deep breath.

Here you are, present, coming into your crystalline being; present here at this Shoud, whether you're here in Coal Creek Canyon or listening now or even later. You're in your body. You're sensing, feeling things.

(pause)

It's amazing, actually, how much distraction I have to do, a lot of yammering up here just so you can allow yourself.

Here you are as a conscious, aware being, and you suddenly allow yourself to expand; expanding meaning we're not going out of the body. This is not astral projection. No more going out of the body. Everything comes in and through the body now. But we expand. The body can expand. It's just energy ... driven by consciousness.

So the body, the being, the I Am expand back to when you were about eight years old.

(pause)

And you're there with yourself, the eight-year-old, not doing a thing other than observing and being aware.

(pause)

You may be aware of an incident. You may be aware of your eight-year-old's emotion or trauma. That's all right. Oh, you're going to feel it, absolutely, and that's all right to feel it. But you're not there to interfere ... or counsel ... or do therapy ... or Reiki, crystal tuning, anything. You're just there.

You are there as a radiant being with yourself.

(pause)

You can observe and feel what's going on.

(pause)

But not trying to change a thing. This, my friends, is compassion. Compassion that you would be there for yourself.

Compassion that you would allow whatever is going on to go on.

Compassion that you don't have judgments about anything being right or wrong. You're just there.

(pause)

Compassion. Just accepting yourself.

Now, some funny things happen. Right now there's an eight-year-old, your eight-year-old, who's going through something in your life at eight years old ... suddenly feels a presence ... suddenly feels something called love or compassion, suddenly has hope. Doesn't feel so alone or lost. That eight-year-old doesn't know how to define it necessarily. Might call it an angel or a saint or one of its spirit friends that it used to have when it was two years old. But it just feels something.

And in feeling something, at that point of trauma, it allows whatever stuck energies were there to be free. Whatever perception that eight-year-old continued to have of that event, continued to have when the eight-year-old became 20 and 30 and 40, that eight-year-old held onto the perception of that event until now. Your compassion – the compassion to go back without judgment – touched this eight-year-old. It did not necessarily change the linear outcome of events, but it changed the perception, the love, the compassion, and the lesson.

That, my friends, is compassionate psychology.

Next step. Here you are as a human, sitting in these chairs here in Coal Creek or watching; here you are whatever age you're at. You take a deep breath with clarity and simplicity ... and you allow yourself to feel.

(pause)

There's something here. It's not me. It's not 'them' or 'they.' It's you, and the compassionate soul.

(pause)

Some would say that it comes from the future. It doesn't really matter. But it's here without judgment. It's here reminding itself, you, that it's not alone. It's here with a big smile saying, "Isn't it amazing? It all worked out. Even in spite of you, it all worked out. In spite of the doubt, the limits, the fears."

Now, your human mind says, "Yeah, but where are you coming from? How far in the future?" That compassionate soul says, "Does it really matter? I'm here. I Am that I Am."

(pause)

What's it going to take? What's it going to take for freedom? Clarity and compassion.

Freedom isn't anything you can fight your way into or out of. Freedom isn't anything that you earn from your good deeds. It's nothing you think your way into. The more thinking, the less freedom. Freedom is the compassion. It's you going back and visiting yourself when you were eight. It's your soul visiting you right now. It's all the same. It's all the same.

(pause)

Let's take a deep breath with that. Keep the lights down please. We'll just move right into the next portion.

I'd like to do a merabh, as long as the energy is so beautiful right now. A merabh. Merabh is a shift of consciousness where you just sit back and let it happen. You don't have to think about it. You don't have to struggle with it. Just allow it.

Let's take a deep breath, and John, a little music for the background.

(music begins; *"The Water Garden" from the album "Aquaria – A Liquid Blue Trancescape" by Diane Arkenstone*)

A merabh is when you pretend you're listening to the music and to me, but what you're really doing is just stopping all the commotion; when you're in a place of compassion. Compassion is allowing. Compassion is having that attitude that puts a big smile on your face. Big stupid smile, that's compassion. You say, 'I don't know why I'm smiling. Do I have to have a reason?' That's the attitude.

You know, the human, the body has gotten pretty tired. Whoop! Tired. So what do you do? The body's tired, so you go work out. Go figure. I'm still trying to understand that one. (Adamus chuckles)

Your body is tired. It's getting old. That's not me saying it, it's you saying it. I'm just repeating your words. Body gets so vulnerable. Mm, mm, mm. Especially those who have a lot of what you call sensitivity. You're usually imbalanced. You're sensing everything, everybody else, other than yourself. The body picks up on everybody's junk. Sometimes you actually want it to. You take on everybody else's stuff right into your body – smacko.

The body, oh! Forgets how to sleep. The body hurts at times.

I look at the energy in your bodies. It's so locked up with fear – fear of itself, kind of interesting – but the body is getting really tired ... run down.

Kind of an interesting dynamic is that you're so damn strong-willed that it kind of had to come to this, just getting run down, before you'd stop and listen.

You're so tough that the body had to start getting so tired before you'd let that dream of the soul come in.

Even though the human physical body is tired, your crystalline I Am body, your soul body is not. Your soul body is not tired. It comes to you filled with energy – unlimited energy. The human might be tired and the body wearing out, but the soul is not. It is ageless.

Its reservoir is unending. This body, the crystalline body, comes in to your physical body.

You can let go of the tiredness, the illness, the aches and pains, as you invite the crystalline body.

The crystalline body will never get tired like the human body. Why? Because it doesn't have a mind attached to it.

(pause)

The crystalline body truly never ages.



(pause)

The crystalline body gently, gently, with the compassion of a Master DreamWalker, comes to you right now.

(pause)

The human mind, oh, it's so confused, so wrapped up in itself, just trying to get through the day, trying to figure it out. It's gotten so filled with stories, and actually just what I consider to be very limited perceptions of its experiences – in other words, not the truth; so filled with its fears. That poor mind, like a little scared bunny, trying to act tough.

(pause)

The mind winding and winding and winding on itself, desperately wanting to unwind but not knowing how, so it continues winding and winding, tighter and tighter.

The divine intelligence does not wind at all. The divine intelligence is clarity, simplicity and ease.

The divine intelligence doesn't have a need to know everything, because within the I Am, it realizes it knows everything that it needs.

While the human mind is confused, racing around, desperately seeking answers, the divine mind comes in.

(pause)

The divine mind comes into this reality, easing the human mind of the tensions, of the grayness, of the confusion, and it does so with such joy. It does so with such amazing compassion. It just needed you to be silent for a moment.

The divine intelligence is crystalline, clear. It has its structures, but the structures are constantly free, fluid. It allows for its experiences, but it never gets caught in them. The divine mind comes to you in this DreamWalk, merabh ... and it wonders. It wonders when the human mind was going to get so tired, it just allows. When the human mind stops winding itself in circles, it just allows.

(pause)

It's present. It's not off somewhere else. It's not the distant dream. It's here. Now, what is it going to take?

Compassion ...

(pause)

A deep breath and compassion ... and clarity.

(pause)

The human heart – perhaps you would call it your feelings – the heart feels betrayed in many ways, walked on, hopes often stamped out or robbed by others. The human heart feels violated by others and oftentimes

by itself. Oh, it wants so much ... it wants so much to let you and everyone else know of its tenderness, of its love, of its desire for life. But it feels that every time it's opened up, that it's been attacked. So the human heart has closed down ... gone quiet ... gotten sad ...

(pause)

It's a divine heart, the I Am. It is clear. It is fresh. It does not know betrayal, and it never will. It does not know being robbed or violated, and it never, ever will.

This human heart, it so much wants to feel love and true openness.

With the divine heart, it can once again.

The I Am, with its divine heart, with its divine intelligence, its crystalline body, is clear, energized, untainted. It will always remain clear, energized and pure. It comes to you in this DreamWalk. It doesn't matter if it's coming from the beginning of all time. It doesn't matter if it's coming from some point in the future. It doesn't matter how it got here, but it's here.

It doesn't matter if you think you're worthy, if you think you're ready. It knows, you know, you are.

(pause)

Take a deep breath and, with this beautiful reconnection with who you really are, what does it take?

Does it take more suffering, more failures, more tiredness, sleepless nights, bad experiences? It shouldn't. We're in a new era now. We're in a new attitude now. It shouldn't.

(pause)

There should be no more struggling or suffering. When we gather each month, it should just be talking about how much you allowed, not what difficulties you went through.

Deep breath ...

You've come to visit yourself from the past, the present, the future and the Now. The crystalline self has come to embody with you, to come into this tired body and the confused mind and the broken heart, to come back to the I Am.

(pause)

What does it take? Just this simplicity. That's it. That's it.

Let's take a deep breath together.

(pause)

Gently, gently, allowing you to come home.

Not thinking our way through it.

Not just dreaming about it anymore. Not holding all of this off somewhere else.

It's this simple. It really is.

We have a lot of work to do, fun to do. Let's keep this clarity and the compassion going forward.

Sometimes when we gather like this, I can be a little direct, provocative, and extremely charming. (a few chuckles) When we gathering like this, oh, I like to call makyo, makyo. But you've asked for it, tired of just one more spiritual step. So let's not take steps anymore.

Let's take a deep breath, and bring the lights back up, but let's just stay very gentle. I'm going to tell one little bit of news, and we'll do some breathing, as we come out of this session.

Take a good deep breath.

By the way, this amazing compassion of your soul, the soul coming to visit you from past, present, future and the Now, it's very real. Very real. Don't think about it though, because you're going to do that. You're going to go home later and say, "Now, I'm going to try to do that again." It's just allowing. Just allowing. It's not a set of steps.

So as we talk about dreams ... you can cut the fluffy music now. (some laughter)

### ***The Dream of Freedom***

As we talk about dreams, I want to bring up one thing – and there are many, many levels of dreams. Here I'm talking about the dream of freedom, the dream of the I Am embodied with its crystalline being and its biological being; embodied with its divine intelligence and the mind, all embodied together. I'm talking about the dream of your freedom. Your freedom.

Interesting. Earth is very, very interesting right now. We've been talking about freedom for a couple of years. This question is still out: Are humans really ready for freedom? Or do they just want a little better, just barely enough, a little bit more of just barely enough?

It's a good question, and you see this conflict breaking out all over the world, everywhere, from Egypt to this United States, South America, everywhere. Really the dynamic that's taking place in this world right now is about freedom. It's religious freedom, sexual freedom, freedom of the heart and the soul, freedom to be a woman or a man, freedom to be I Am.

If you want to say what's the problem with the world or what's the challenge? What do we look at from our perspective? Earth is going through its freedom thing. And there is a group of humans, ah, who have Royal Court once a month, a group of humans who says, "Yes, that is my choice for freedom." But then they start encountering the challenges along the way, the barriers along the way, but there is this burning passion for freedom.

So, one more point. Ah, yes, I've kept it short today. One more point.

### ***Illuminated Free World Bank***

There is something called – you call it – the St. Germain World Trust. Ooh. St. Germain World Trust. A lot of stories going on about it, and it has a degree of truth. It’s actually ... the literal name is not the St. Germain World Trust. Wouldn’t that be nice? But no. Some people call it that. Would you believe some people actually like to use my good name? Hm.

It was true to a degree, because I was part of a group who started a – how would you call it – an abundance bank. The real name is the Illuminated Free World Bank. What does that mean? Well, it means a long time ago you and me and a bunch of others, we took literal crystals, valuable jewels – diamonds and rubies and sapphires and emeralds, beautiful jewels – and we said, “We are going to literally put these into the Earth, into very well protected caverns, caves. We’re going to put these into the Earth, because they have a – because they’re really nice looking – because they hold a lot of energetic attributes.” And at the time with this stash – several, many stashes – of very valuable crystal jewels, some of them actually not even from this planet, they’re from other places in creation that are simply amazing.



We stored these in certain pockets or caves around the world and said at the right time we will also use these as the grounding mechanism to bring in multidimensional divine energies. And when that happens, there will be a grand abundance, unlimited abundance of energy for those who are ready, willing and able to handle it; for those who have integrated their own crystalline I Am or at least started the process of bringing it into the body. It’s not designed for those who just want to be grander, richer humans. It will not – I have to repeat very firmly – it will not work for somebody who just wants to have more human wealth. But for somebody who is bringing in their own crystalline consciousness, it is and will be available.

You could call it nearly an unlimited supply. It’s amazing, the amount of energy tied up with this. This is available to those who feel they are ready to handle it, who have a project.

Now, the project is not necessarily just paying your unpaid bills. (some giggles) The project is saying that you want to create something. You want to start bringing your dreams to reality, and you’re going to bring in the abundance for it. It will be available. You don’t have to go through a committee. There are no bankers. The nice thing about this illuminated fund is that it is you that goes in and takes as much as you want. Isn’t that amazing? No credit checks. No. None at all. No. No committee that’s going to turn you down. You go in and withdraw as much as you want. And the nice thing is you never have to repay it.

Now, sounds nice. The Internet’s already flashing with all this. Ohh, the emails are going out. But for those who aren’t ready to integrate their dreams, to bring in the I Am, it’s not going to work. First of all, they’ll never find the place. Secondly, even if they did, the energies that are associated with this, you could say, are going to bring out their weaknesses rather than their strengths. It’s going to literally work against them.

Now, we’ll talk more about this in our next session, because I told Cauldre we’d end early today. Get as close to five o’clock as I can. It is available to you. Now I can already hear 9,000 questions. “Is it going to come to me in cash or a check? (laughter) Will it be written on the Illuminated Free World Bank checking account?”



LINDA: Who should we email?

ADAMUS: Who should you email? Yes. Linda. (laughter)

Let me point out a couple things, we'll continue the discussion next month. This will get the listenership up.

A couple of things. You go and withdraw as much as you want, and there's no obligation debt. There's no interest. You don't pay it back. But you have to put it to use. You have to do something with it. You have to do something to manifest *your* dreams, not somebody else's. Not to save the world. It won't work for that. It is for *you*. It is a gift for you and you alone, and there's plenty for everyone. But it's not to be used to shape others.

Remember, from here on – Compassionate Psychology. That also applies to people in your life, having a little compassion for them.

The energies associated with this are backed by the archangels. The archangels have taken kind of temporary residence right now on the New Earth. One hundred and forty-four thousand of them have all convened at the same time. Why? First time this has happened since the very creation of the Order of the Arc. Why are they all there? What are they doing?

They understand right now the balance between New Earth and Old – and again we'll get into that in our next session – what is happening, the dynamics. They are helping to build the bridge. They are an arc. They are a bridge way between the two. They are helping to support and keep a balance for your withdrawals. They are there as the team that's helping to keep the energies balanced and moving for you and for your projects.

Actually, this Order of the Arc, which is comprised of all of the archangels, is actually – oh, how would you say? – almost recreating itself, mimicking itself as the Order of the New Earth. Not the New World Order, but the Order of the New Earth. It's not a conspiracy. It is a support mechanism.

Now, some of you in the meantime might be getting emails or information about something called the St. Germain World Trust. It's partly true. There is this investment that's been growing for a long time, but it's not gold in a bank. It is literally crystals, valuable gemstones that are in the Earth. In the Earth not necessarily to keep people from stealing it, because it really wouldn't go well if they did, but there to radiate, there to also attract interdimensional energies.

There are a lot of emails going around right now that the St. Germain World Trust is going to be there to help you pay off your bills and your debts. Does that sound like St. Germain? (audience says "No") No. No. We're not just going to give – yes, see, I'm keeping it short today – we're not just doling out money, because, first of all, we know each other. Well, I know you. If suddenly you got a large amount of money to pay off your debt, what would you do? (someone says "Blow it") You'd go right back into debt. (some chuckles)

SART: Buy everything in sight!

ADAMUS: Buy everything in sight, yeah, and go back into debt. You hear the old story about if all the money was taken from the rich people and given to the poor people, within two years the rich people would have it back. It's an *attitude*. It's an attitude, whether being poor or being rich.

So this fund, the illuminated fund – and not Illuminati, and I don't want to hear any of your damned conspiracy stories about that (laughter) – it is illuminated, radiant. It is available.



So between now and our next gathering, what are your dreams? What are you going to be bold enough to bring in here? Because there is energetic support for it. It's a little scary. It's easier to keep the dreams out here, out somewhere else, but, my friends, let's take a deep breath, because now is the time.

And when you're thinking about your dreams and the Illuminated Free World Bank – the energy that's going to support your dreams – and you get a little scared and you start thinking, "Oh! I'm not sure what to dream, and what if I screw it up," stop for a moment, take a deep breath and remember all is well in all of creation.

Thank you, until our next meeting. Thank you. Thanks.



CRIMSON CIRCLE

[www.crimsoncircle.com](http://www.crimsoncircle.com)

The Global Affiliation of New Energy Teachers